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**NATIONAL AUSTRALIAN
PHARMACY STUDENTS'
ASSOCIATION**





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President's Report

Dear NAPSA members,

As 2021 comes to an end, I would like to take this opportunity to wish you and your loved ones a safe and relaxing festive season and new year!

Throughout this year we have once again been challenged by the COVID-19 pandemic. However, for a second year in a row we have overcome these adversities and highlighted the tremendous capabilities of the entire health care profession, particularly the pharmacy workforce. Thank you all for your extraordinary efforts over the last 12 months, and I have no doubt that as a profession we will continue to do so.

Over the holiday period it is important to have a break from your work and study commitments and take some time out for yourself. Spend some time with your nearest and dearest and focus on recuperating and recharging for the new year ahead. Managing stress is vital as we go into 2022, and at the start of November NAPSA shared our [tips and tricks for managing your stress and looking after yourself](#).

November 14 was World Diabetes Day which saw NAPSA's Pharmacy Awareness team led by Pharmacy Awareness Chair, Ellen Jeon, raise awareness and share education on Diabetes Mellitus. This included various educational segments on: [The difference between type 1 and type 2 diabetes](#), [The importance of maintaining optimal blood sugar levels](#), and [Lifestyle advice for maintaining blood glucose levels](#). The final installments that the Pharmacy Awareness team put together for World Diabetes Day were about How Pharmacists can help patients manage their diabetes, and what the signs of hypo- and hyperglycaemia are.

For a second year in a row, NAPSA partnered with the Australian Pharmaceutical Association (APSA) and held the annual APSA x NAPSA Symposium. On Monday December 6, pharmacy students from all over Australia tuned in to hear Dr Tina Brock; Professor Parisa Aslani; Dr Jonathan Penm; Dr Fei Sim; and Associate Professor Joseph Nicolazzo share their inspirational journeys about how they got involved in various aspects of research within the profession. It was an extremely informative and worthwhile webinar that I would encourage everyone to watch [here](#) if you weren't able to attend it live. Thank you to all of the incredible guest speakers for sharing their research journeys, and to our NAPSA Research Team Forrest Tang (Executive Director of Research) and Joanne Wickens (Research Chair) for all of your hard work!



Thank you for attending the
APSA x NAPSA
SYMPOSIUM



NAPSA would like to congratulate the winners of the [Australian Pharmacy Students' Journal \(APSJ\) Opinion Piece Competition](#): Emily Mannix; Samantha Glase; and Clare Chen. The APSJ is the only peer-reviewed pharmacy student journal in the world and exists to support the research endeavours of pharmacy students and interns throughout Australia. The APSJ aims to provide future pharmacists with an opportunity to develop their research skills and publish their work in the form of original research articles; academic review articles; qualitative research articles; case reports; academic viewpoint; feature articles; and opinion pieces. The APSJ will be publishing its first ever edition at the end of January 2022, so please keep an eye out for that! For more information on the Australian Pharmacy Students' Journal and the research opportunities offered by NAPSA, please visit the [APSJ Website](#) or get in contact with our Executive Director of Research, Forrest Tang, at Forrest.Tang@napsa.org.au.

President's Report

A few weeks ago [NAPSA joined the fight against the international climate change crisis](#). With inspiration from my former Monash University Lecturer, Catherine Forrester, and Alfred Health Colleague and former NAPSA Executive Director, Aisling McEvoy, I thought it was important that we as an organisation recognise that climate change is an imminent public health emergency. Upon discussion with my NAPSA colleagues, we decided to write a [media release](#) to address what NAPSA is currently doing as well as how pharmacy students throughout Australia can help circumvent both the immediate and long-term consequences of the climate crisis. If you are interested in joining the global alliance for climate-smart pharmacy practice, sign up [here](#), and you can also post in the student forum.

Thank you to everyone who completed the National Pharmacy Students' Survey for 2021! The survey closed on November 30, and the 27 lucky winners who won a prize for completing the survey will be contacted within the next few days! We will also be in contact with our sponsors over the next few weeks to share the results of the NPSS with you!

Don't forget that NAPSA has opened submissions for our annual Student Research Poster Competition! If you have conducted research related to pharmacy practice or clinical pharmacy, email your poster to our Executive Director of Research, Forrest Tang, at Forrest.Tang@napsa.org.au before the 9th of January 2022. Posters will be displayed at the 2022 NAPSA Congress, with the top applicants being invited to present their posters at Congress! The winner of this prestigious competition will win a FREE registration to the 2022 APSA Annual Conference! For more details on the competition, please click [here](#).

The annual NAPSA Congress is just around the corner and is FREE for 2022! NAPSA Congress is the premier education and networking event for pharmacy students in Australia and New Zealand, and will be hosted virtually by James Cook University Pharmacy Students' Association (JCUPSA) from January 22 to 28, 2022. NAPSA Congress facilitates a healthy environment for learning and networking, with many students who attend going on to be future leaders within the pharmacy profession. Registrations are still open, so make sure that you register [here](#)! Once you register, full details including the program of events will be emailed to you! For more information about the 2022 NAPSA Congress click [here](#) or email the Congress Chair, Breannan Buset, at congress@napsa.org.au.

Another exciting thing coming up soon at our virtual NAPSA Congress is the Pharmacy Student of The Year (PSOTY) Wildcard Competition hosted by the Pharmaceutical Society of Australia (PSA)! The PSA's annual PSOTY showcases the outstanding counselling skills of pharmacy students to the rest of the pharmacy profession and will be held on Thursday 27 January from 4:30pm to 5:45pm AEST (QLD time). For more information, click [here](#). To register your interest, please fill out the form [here](#) and email it to learnersupport@psa.org.au by no later than 5pm AEST on Monday 10th January 2022.

The Pharmacy Guild of Australia's annual conference is the [Australian Pharmacy Professional Conference and Trade Exhibition](#) (APP), which will be held in the Gold Coast from March 24 to 27 2022. This is an event not to be missed by anyone in the pharmacy profession, whether you're a pharmacy assistant, technician, student, intern or pharmacist! Pharmacy students... keep an eye out on the NAPSA social media pages for a competition that we will be running where you could WIN tickets to APP 2022! All of the NAPSA Board will be there, and we look forward to seeing you there too!

I hope that you all enjoy the rest of your holiday break, and please do not hesitate to reach out to me at president@napsa.org.au with any questions or suggestions. Thank you!

Verity Boustead
2021/22 NAPSA National President



Pharmacy Awareness Update

Hi everyone, my name is Ellen (Ah Dam) Jeon, and I am the new NAPSA Pharmacy Awareness Chair for 2021/2022.

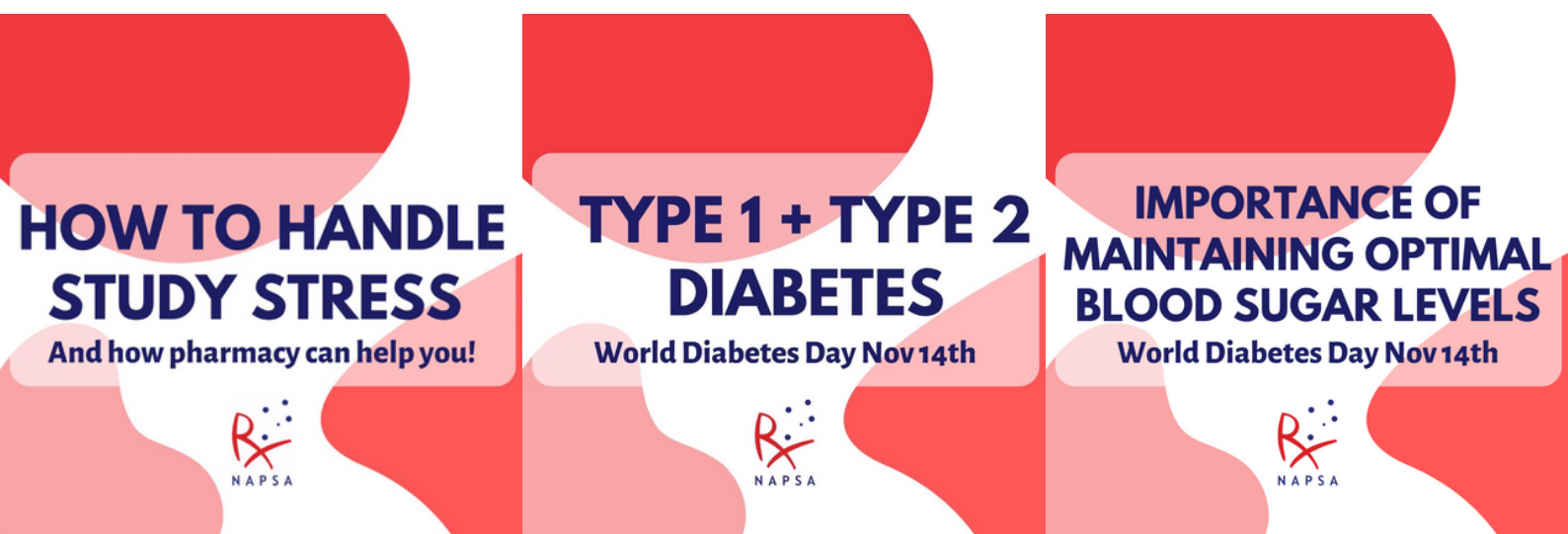
Following the successful launch of Vaccination Awareness Month in September 2021, we, the Pharmacy Awareness chairs, have spent months raising public health awareness and importance of pharmacists.

We celebrated Mental Health Awareness Month in October 2021. Due to the fact that many students are in the midst of exam season in October, the focus was on how to manage study stress and how pharmacy can help students.

We also celebrated Diabetes Awareness in November 2021 to raise awareness for World Diabetes Day on 14 November 2021.

Various Pharmacy awareness chairs collaborated with me, including my research on the importance of maintaining optimal blood sugar levels, while Vicki from TEPISA conducted research on Type 1 and Type 2 diabetes, Courtney from TEPISA conducted research on lifestyle advice on how to maintain good blood sugar, and Angel from GUAPS conducted research on services that pharmacists can assist with, such as how to use blood sugar monitoring devices such as the new Libre scan, educating patients and family members on symptoms of hyperglycemia and hypoglycemia, and how to administer insulin.

We are also in the process of launching AIDS Awareness Month in December 2021 to raise awareness for World AIDS Day, which was held on December 1, 2021.



The posts would not have been possible without the hard work of Pharmacy Awareness chairs, including Angel from GUAPS, who conducted HIV and AIDS research. Vicki from TEP SA researched how people become infected with HIV as well as the symptoms and effects of AIDS, Chloe from JCUPSA researched HIV tests and how HIV is diagnosed, Yurie from UWA Master of Pharmacy Society researched HIV statistics in Australia, Laura from PhUNE researched AIDS treatment, and I researched how pharmacists can help patients, friends, and family, so watch this space for the posts that will be uploaded on our social media.

We'd also like to welcome the following new members: Loz Hopner and Chloe Kappel from JCUPSA. It's exciting to see the team expanding and gaining new members from the various branches with which we collaborate.

I'd like to thank Madison Johnston for taking the time to create the posts and upload them to the NAPSA social media pages. We are always looking for new members, so please do not hesitate to contact me directly if you want to join the team in promoting pharmacy and public health awareness!

Ellen Jeon
NAPSA Pharmacy Awareness Chair 2021/2022



Sydney University Pharmacy Association

SUPA Fun Run for Beyond Blue, Sponsored by Pharmacor Date: 12/10/21 – 12/11/21

What the event was about: To raise money for BeyondBlue in a way that gets everyone moving and exercising! Competitors' steps are recorded for the period of October and the person with the most steps wins and scores some awesome prizes at the same time.

How the event went: We saw the conclusion of our SUPA Fun Run early December with over \$400 raised for BeyondBlue with the support of our sponsors, Pharmacor. Our top 3 steppers were Iraq Doali (496 883 steps) who won a ticket to our annual SUPA ball, Sophie Young (457 644 steps) who won and AMH2002, and Anthony Kan (348 892 steps). A huge congratulations to our podium winners and to all those who participated in supporting BeyondBlue and their important mission to provide educational information and support to Australians living with mental health issues!

The SUPA 2021 Annual Gala Ball - "Light Up the Night" 11/12/21

What the event was about: In light of the chaos of our daily lives recently, SUPA thought it would be best to encourage some positivity as we finally reunite after many lockdowns and bring some joy and happiness back into our lives to let our best selves shine bright and have a great night celebrating each other's achievements at our annual gala ball, appropriately theme "Light up the Night". This was generously sponsored by Priceline Pharmacy, Chemist Warehouse, Pharmacor, PDL and the Pharmaceutical Society of Australia.

How the event went: The night was a huge success, with smiles and laughter all round. Everyone enjoyed themselves immensely and looked so dashing in their gowns and suits. The Sydney University Pharmacy staff, students and supporters definitely Lit up the night brightly. Many thanks to all our sponsors and all who attended for helping us celebrate the year with a bang!

Cristen George

SUPA | IT and Communications Officer



Submissions are now open for the

Research

Poster

Competition

Calling all student
researchers

Due 9th of January 2022

Email your submission to

Forrest.tang@napsa.org.au

Top applicants will be offered
the opportunity to provide a 3
minute lightning talk at
NAPSA's 2022 online Congress



N A P S A 11

The PSA intern training program has thoroughly prepared me for my career post-intern year.

The staff and tutors at the PSA were incredibly helpful and supportive during the uncertainties of the COVID-19 pandemic.

Erin Cooper
2021 PSA Intern
of the Year

PSA intern training program

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-  **Free or discounted access** to educational events and conferences
-  Opportunities to **meet fellow pharmacy students** as well as experienced members
-  **Online support** using forums and our closed Facebook group
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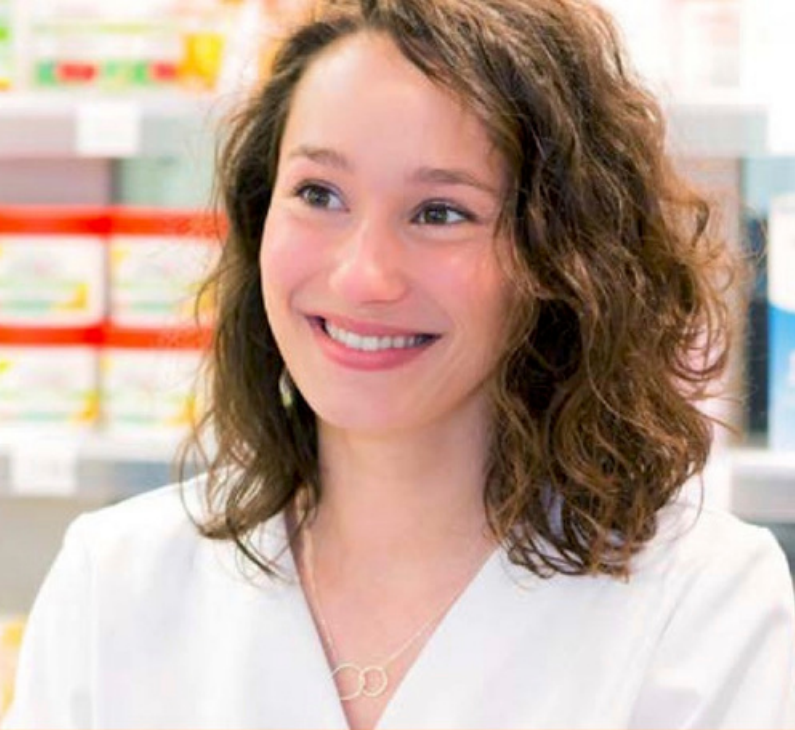
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-  Subscription to the Australian Journal of Pharmacy (AJP)
-  Access to CPD activities via the AJP

Visit pdl.org.au or call us on 1300 854 838

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The Pharmacy Guild Australia



PBCN

Podcast

**Episode 87:
2021 Year in
Review with
Trent Twomey,
Suzanne
Greenwood
and Colm
Maguire.**

2021 has been a big year for all of us and, although we are probably hoping to forget many of the challenges faced this year, it is also important to reflect on the positives and celebrate our achievements.

This year has shown that community pharmacies are accessible, adaptable, and most importantly, willing health destinations staffed by passionate and highly trained health professionals.

The Pharmacy Guild has continued to support and advocate for members throughout 2021 and has adapted the organisational structure to best enable community pharmacy.

In this episode, we speak with Guild National President, Trent Twomey, Executive Director, Suzanne Greenwood, and Chief Operating Officer, Colm Maguire. They'll reflect on the challenges and opportunities of 2021, the Guild's organisational change journey, and discuss the Guild's priorities for 2022.

This is our last interview episode for 2021, the next two episodes will showcase the best bits from across the year. Thank you for listening, wishing you all a safe and Merry Christmas and a happy new year.

JOIN THE GUILD FAMILY



The Pharmacy
Guild of Australia

The Pharmacy Guild of Australia's Student Offer is open to all pharmacy students until graduation.

The Guild Student Offer gives you:

- ☑ FREE entry to The Australian Pharmacy Professional Conference (APP) Trade Exhibition and Welcome Reception on the Gold Coast
- ☑ FREE registration to Pharmacy Connect Conference in Sydney
- ☑ Important Community Pharmacy Agreement updates
- ☑ Quarterly dedicated student newsletter delivered straight to your inbox – bringing you the most relevant issues and advances in the industry today
- ☑ Comprehensive updates on professional pharmacy services
- ☑ Exclusive competitions



Your Community Pharmacy Career

Community pharmacists are integral members of a patient's healthcare team, focused on ensuring individualised health outcomes for patients through a combination of medicines supply, management, safety, support and advice, working in collaboration with other health professionals.



A unique role in the health of your community

Community pharmacy is the most accessible health care provider in Australia. Community pharmacists develop close relationships with their patients, often over many generations. They provide a diverse balance between clinical outcomes and patient relationships to truly make a difference in the health of the community.



An exciting career choice, Australia wide

The community pharmacy network spans the country, from metropolitan to regional and remote areas. Career progression is varied and ever-evolving, roles can include managing professional services, travelling as a locum or being your own boss through pharmacy ownership.



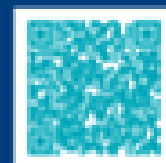
Supporting your career journey

The Pharmacy Guild of Australia is dedicated to supporting new and emerging pharmacy owners and developing new leaders in community pharmacy. The Guild aims to equip early career pharmacists with the pathways, skills, tools and professional networks needed to be leaders in the primary health care system and owners of community pharmacies.

Guild resources relevant to you

- GUILD-ED
- PODCASTS
- GUILD-ITP
- NEWS & EVENTS

For more information and to register, visit guild.org.au/sep



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www.napsa.org.au

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My Pharmacy Career is a national jobs platform specific to community pharmacy. Anyone can register to find a new career or job opportunity within Community Pharmacy. The My Pharmacy Career App is compatible with Apple and Android phones



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across Australia
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The Pharmacy
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Questions?

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The Pharmacy
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APP
2022
24-27 MARCH
GOLD COAST



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PSA Upcoming Events

For more information on any of the PSA's Upcoming Events, check out their website - <https://www.psa.org.au/networking-events/all-events/>

January 2022

Australian Capital Territory

- 31 - Battle of the Pharmers - Clinical Games EOI - ACT
- 31 - Immunisation Practical Workshop Waitlist - ACT

New South Wales

- 31 - Battle of the Pharmers - Clinical Games EOI - NSW
- 31 - Immunisation Practical Workshop Waitlist - NSW

Northern Territory

- 31 - Battle of the Pharmers - Clinical Games EOI - NT
- 31 - Immunisation Practical Workshop Waitlist - NT

Queensland

- 31 - Battle of the Pharmers - Clinical Games EOI - QLD
- 31 - Immunisation Practical Workshop Waitlist - QLD

South Australia

- 31 - Battle of the Pharmers - Clinical Games EOI - SA
- 31 - Immunisation Practical Workshop Waitlist - SA

Tasmania

- 31 - Immunisation Practical Workshop Waitlist - TAS

Victoria

- 31 - Battle of the Pharmers - Clinical Games EOI - VIC
- 31 - Immunisation Practical Workshop Waitlist EOI Regional Victoria - VIC
- 31 - VOPP Online Modules
- 31 - Immunisation Practical Workshop Waitlist - VIC

Western Australia

- 31 - Battle of the Pharmers - Clinical Games EOI - WA
- 31 - Immunisation Practical Workshop Waitlist - WA

February 2022

Australian Capital Territory

02 - Webinar: Emergency contraception guidelines and education for pharmacists - ACT

New South Wales

02 - Webinar: Emergency contraception guidelines and education for pharmacists - NSW

03 - Immunisation Practical Workshop - North Sydney both morning and afternoon

23 - Immunisation Practical Workshop - North Sydney both morning and afternoon

Northern Territory

02 - Webinar: Emergency contraception guidelines and education for pharmacists - NT

Queensland

02 - Webinar: Emergency contraception guidelines and education for pharmacists - QLD

19 - Immunisation Practical Workshop - Brisbane both morning and afternoon - QLD

South Australia

02 - Webinar: Emergency contraception guidelines and education for pharmacists - SA

Tasmania

02 - Webinar: Emergency contraception guidelines and education for pharmacists - TAS

Victoria

02 - Webinar: Emergency contraception guidelines and education for pharmacists - VIC

08 - VOPP Digital Workshop 2

15 - Immunisation Practical Workshop Melbourne

24 - Immunisation Practical Workshop Melbourne

Published by Madison Johnston
NAPSA Publications Chair 2021/2022
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