

ePlacebo November/December 2016 Edition



NATIONAL AUSTRALIAN  
PHARMACY  
STUDENTS'  
ASSOCIATION



Connecting Tomorrow's Pharmacists

[www.napsa.org.au](http://www.napsa.org.au)

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**MyNAPSA Competition: Complete 4 or more modules to win APP registration!**  
Login to the NAPSA to Website to see all the modules.

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# President's Report

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Hi NAPSA members!

Congratulations to all the graduates of 2016! I wish you all the best in your intern year. Entering such a large industry, with the responsibility of an intern, can be tough at times. But remember, its all about learning and furthering your knowledge. I have every belief that you will all be very successful interns and then Pharmacists.

These past couple of months, the Board at NAPSA headquarters have been working hard to cater for your needs. We wrote a position statement on Advanced Practice Credentialing, from which we have received positive feedback. Please familiarise yourself with where NAPSA stands on this controversial topic, and if you have any queries, do not hesitate to contact me.

NAPSA attended the Society of Hospital Pharmacists of Australia (SHPA) Medicines Management conference in Perth on 17-19th of November. One of the highlights of the conference was renewing our Memorandum of Understanding with SHPA. I believe stronger networks with SHPA will foresee better opportunities for you to gain access into the field. The renewal of this relationship between SHPA and NAPSA has strengthened our ties and the opportunities for development into the future, especially for those of you who are interested in hospital careers and research following your degrees. Furthermore, we released a joint position statement on Hospital Placements.

NAPSA's National Pharmacy Student Survey (NPSS) has officially come to a close. Thank you to everyone who completed the survey, we appreciate your time and feedback. Watch this space for the release of results and what we do about them.

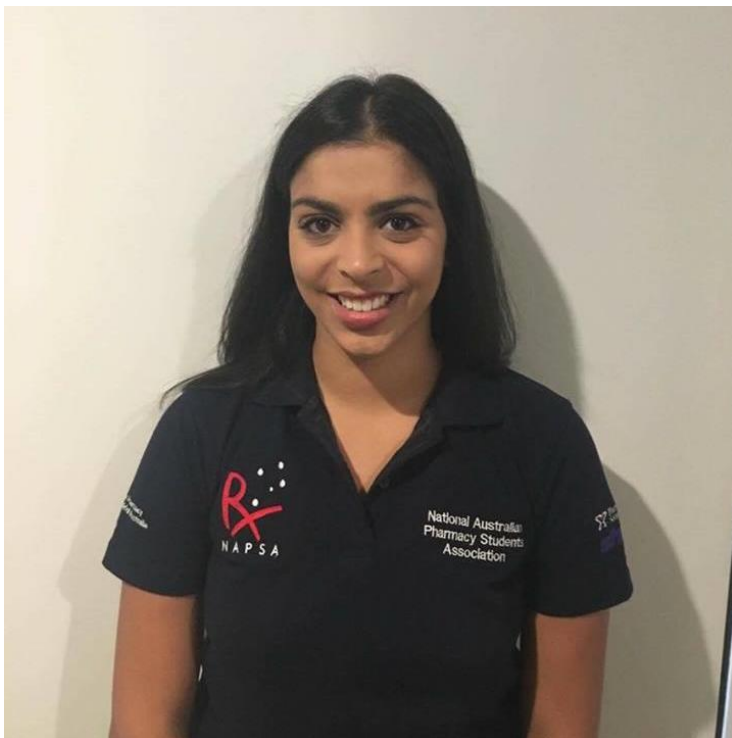
# President's Report

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TAPS President, Monique Scott featured in the Australian Journal of Pharmacy. We are extremely proud of her current achievements, and can't wait to see her continuing to kick goals in the future.

Finally, we have opened up a MyNAPSA competition! Simply complete for or more myNAPSA modules at <http://www.napsa.org.au/> before 16/01/17 to go in the draw to win a FREE Australian Pharmacy Professional (APP) Conference 2017 Registration thanks to the Pharmacy Guild of Australia! This is a perfect opportunity to learn something new and apply it to your work over summer. We also have the Emims database and a Q&A forum to help you with any problems you may encounter.

As this will be my final eplacebo for the year, I would like to wish you all a very Merry Christmas and Happy New Year on behalf of the Board. NAPSA is preparing to enter 2017 with a bang, so get excited for Perth Congress to hear what is in store for you! I hope you all continue to enjoy your holidays and for those starting new jobs, good luck!



Shefali Parekh  
National President  
[president@napsa.org.au](mailto:president@napsa.org.au)

“Difficult roads often lead to beautiful destinations”

# GUAPS Goes Networking

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GUAPS has had an exciting year, and I would like to thank the committee and the members for coming along to our events and making it such an incredible year. We finished off semester two with our annual Networking Evening held at Soul Surfers Paradise, which featured an array of professionals from across the country including members from Alphapharm, PSA, Pharmacy Guild, community, hospital and aged care pharmacists as well as lecturers and researchers from Griffith University. The night was a true success and was enjoyed by all, Rachel Horner the GUAPS Rural and Indigenous Chair took out the Hoffman-Blake Award for the most involved and pro-active Committee member and the Coopers Cup was presented to Céline Dhieux for the most involved year representative. The evening was sponsored by the Alphapharm, whom we are very grateful for, and would like to thank them again for making this night possible.

GUAPS also has an upcoming rural trip to a hospital and community pharmacy planned for their members which we are also getting excited about! We are also getting very excited here on the Gold Coast for the 2017 NAPSA Congress over in Perth, and we hope to see you there!

Xoxo,  
GUAPS

John Quinn (B.Pharm.Sci)  
GUAPS President  
NAPSA Board Director



# TAPS Wrap Up

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TAPS have been very busy in the lead up to the end of the semester, hosting the annual TAPS Pharmacy Ball 'All that Glitters' at Home Hill Winery. 2016 saw four of our fourth year students inducted as TAPS Honorary Life Members. We congratulate Lisa Bremner, Tyler Fenton, Yacoob Moustafa and Chanelle Rolls for their outstanding contribution and enthusiasm as society members throughout their university careers.

Every year TAPS collaborates with the UTAS Pharmacy Faculty to organise a Taster Day for high school students from years 9 to 12 to introduce them to the pharmacy profession. It also gives the opportunity to allow them the chance to speak with current students about university life and the different aspects of studying pharmacy at UTAS. The visiting students had the opportunity engage in professional services provided in community pharmacies, including blood pressure and blood glucose monitoring. Students also were able to dispense prescriptions, compound extemporaneous products and create a Webster pack. The day was once again a success and we look forward to continuing to educate our future pharmacy students about the pharmacy profession.

Upon finishing their final university exams, fourth year students celebrated at their Graduation Dinner organised by the UTAS Faculty of Pharmacy and TAPS. We wish them all the best in their future endeavours, and are sure that they will make amazing pharmacists.

Finally, after enjoying a white winter in Hobart, Les is looking forward to returning for a second year in Tasmania after a brief holiday in sunny Perth for NAPSA Congress 2017. As we say goodbye to one of our most active years within TAPS, we look ahead to another fantastic term next year.

# TAPS Wrap Up



# MyNAPSA Competition

ENTER  
TO  
WIN AN  
APP  
2017 REGISTRATION

Complete four or more MyNAPSA Education Modules to go in the draw!

**Rx** iTHERAPEUTICS\*  
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9<sup>th</sup> December 16  
Until  
16<sup>th</sup> January 17

NSW Permit  
LTPS/16/09919

APP  
2017  
GOLD COAST  
CONVENTION  
& EXHIBITION  
CENTRE  
9-12 MARCH  
Australian Pharmacy Professional Conference & Trade Exhibition



# APP 2017

GOLD COAST  
CONVENTION  
& EXHIBITION  
CENTRE  
9-12 MARCH

Australian Pharmacy Professional Conference & Trade Exhibition

## DON'T MISS AUSTRALIA'S LARGEST PHARMACY CONFERENCE & TRADE EXHIBITION

Choose the Guild for your Intern Training Program and receive FREE registration to APP (worth \$750)! Attend any or all four days to experience the biggest trade exhibition in Australia, fantastic networking opportunities and CPD educational sessions!

[facebook.com/APPConference](https://www.facebook.com/APPConference) [twitter.com/APPConfAus](https://twitter.com/APPConfAus)

FOR MORE INFORMATION VISIT:  
[www.appconference.com](http://www.appconference.com)



The Pharmacy  
Guild of Australia

GUILD INTERNS  
ATTEND FREE!

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# CaSPA's End of Semester Cruise

To celebrate the end of another great year at UC we held our first ever lake cruise! The event was a huge success, with members from all year levels coming together to enjoy a few hours on the lake. We watched the sun set over the water and then danced late into the night. The End of Semester Cruise is definitely set to become an annual event and we can't wait for the next one!

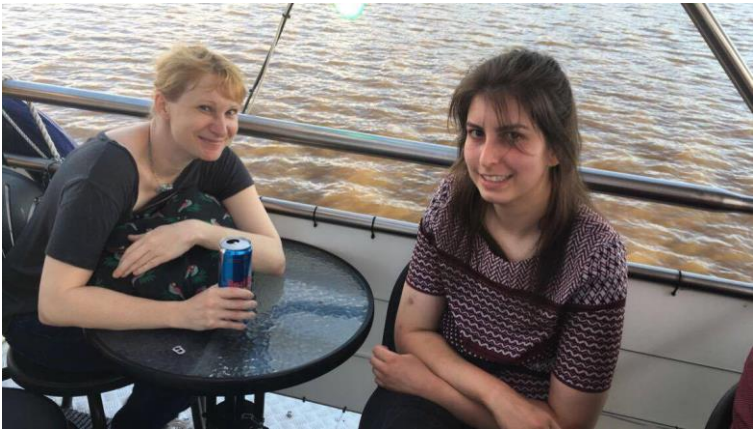
We are also in the early planning stages for our 2017 pharmacy ball, so watch this space for more details! All our NAPSA friends will be welcome to join us :)

See you all at congress!

CaSPA Love xx.



# CaSPA's End of Semester Cruise



# PSA Intern Training Program

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## At the end of your pharmacy degree give your career a flying start with the PSA Intern Training Program

One of the most important decisions you can make, as part of your pharmacy career, is choosing which intern training program to complete.

The peak national body for all Australian Pharmacists offers training for any pharmacy career you choose. With more than 20 years' experience in delivering contemporary intern training across Australia, PSA will ensure you are competent and ready for the workplace, whether you're in hospital pharmacy, community pharmacy, residential care, general practice, industry, government, academia or more.

PSA has the expertise to deliver a [high-quality, evidence-based program](#) to suit your needs and give you the skills to maximise your career opportunities. We continually refine our curriculum to ensure we deliver an innovative and up-to-date program designed to reflect current pharmacy practice.

The program delivers a strong blend of practical, clinical and managerial knowledge and skills for you in your workplace, including tailored support from an experienced local training officer.

Give your career a head start with:

- Practical assessments
- Workplace appraisals
- An intern portfolio incorporating continuing professional development requirements.

PSA intern training provides you with dedicated support for your upcoming Pharmacy Board exams, a crucial step for any student wanting to become a registered pharmacist. Our workshops and online tools allow you to practise and prepare for both the written and oral exams.

The flexible and innovative program allows you to train at your own pace, combining online learning with practical workshops including case studies and real-life scenarios. Modules are structured into manageable time chunks to fit your busy schedule.

Access to PSA online CPD, Self Care, Therapeutic Guidelines (eTG) and eMIMS will support you towards general registration. Our intuitive CPD Planning Tool will help you meet the Pharmacy Board CPD requirements.

When you complete the program you will receive a nationally accredited [Graduate Certificate in Applied Pharmacy Practice \(10448NAT\)](#) to better position you for a career in pharmacy. The program is underpinned by the current Competency Standards Framework for Pharmacists in Australia, legislation and PSA codes, standards and guidelines.

The PSA ITP has flexible payment options for you

Once you've finished your intern training, you have different options to keep developing your skills and knowledge. You can continue on to the Graduate Diploma in Applied Pharmacy Practice (10373NAT) or Diploma of Leadership and Management (BSB1107). Through our partnership with Chifley Business school you can also complete a Master of Business Administration and other diploma courses.

**Find out more by** contacting your local PSA Training Officer at 1300 369 772 or emailing [training@psa.org.au](mailto:training@psa.org.au).

The PSA Intern Training Program is only the beginning of your journey, and we look forward to supporting you all along the way. Your intern training, your career, your choice.

[Enrol now in 5 easy steps](#)

# PSA Intern Training Program



Choose the **PSA ITP** and receive:

- Flexible learning options
- Dedicated exam support
- Expanded workshops
- Access to the PSA CPD Plan
- Access to the mentoring program
- And more...

*Your intern training, your career, your choice*

 Pharmaceutical Society of Australia

# Merry Christmas from JCUPSA

Hey there pharmily,

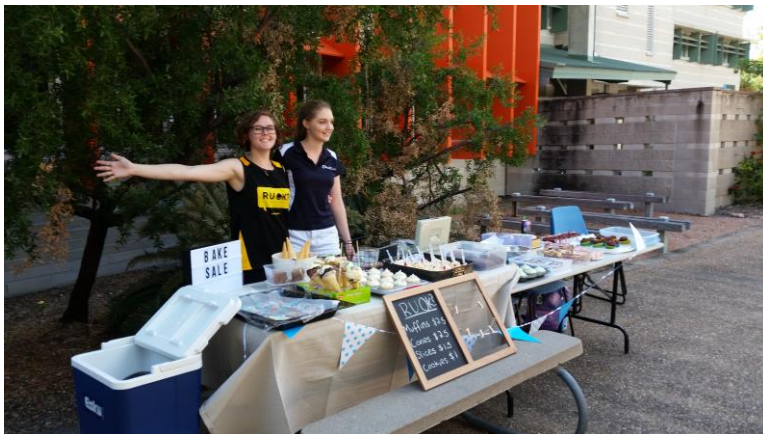
Merry Christmas from JCUPSA!

Being close to the end of the year and having had exams, we haven't been up to much. However, our members travelling to Perth for the 2017 Congress have been eagerly preparing and are very excited to meet the other pharmacy students of Australia. Preparations will continue during the holidays to make sure JCUPSA is ready for a new year, with new merch and general improvements in the works.

We hope everyone has a relaxing break, and is keen to get into 2017!



# Merry Christmas from JCUPSA



# Congress Update

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Hey guys! We hope you are having an amazing and well deserved break!

We can't wait to see you in January for NAPSA Congress 2017!!

Perth is a pretty cool city – we're a good combo of hustle and chilled - with Top Shop, 7/11, H&M, Krispy Kreme, Zara, Culture Kings etc. we are pretty well caught up with the rest of AUS! ;) Perth is home to some pretty adorable quokkas that roam around Rottnest Island and believe it or not but there are Peacocks that actually walk around the UWA campus! With so much to see and do we are sure you will have an amazing time here! Still not convinced? Be sure to check out more @Perth is OK! On Instagram!!

Curtin is such an amazing campus too – and we're not just saying that because we go there! From Karaoke Wednesdays, to food fans, art and some of the most amazing end of semester events! With over 50,000 students – which is more than the population of Bunbury City, over 30,000 people (down south!! Wait, did someone say ROAD TRIP!??) Curtin is working hard to create a place where students can learn, create, innovate and make tomorrow better.

Enough about Curtin though, y'all want to hear about Congress! We have got some pretty incredible speakers lined up, but we can't exactly say who just yet! You'll have to come to find out! Australia day is set to be a pretty LIT day – we will be at the Matisse beach Club in Scarborough Beach – Tripple J's hottest 100, all the summer vibes, a little bit of Horses and a dash of Nollsy in the mix, it'll be an Aus day like no other! Don't even get us started on how great the education events will be, get yourselves ready for the biggest trade show of your lives! Freebies are guaranteed! The week finishes at the Crown Perth for our Gala Ball – we are set for an incredible week together!

Now all we are waiting on is January to come through and you and your PharmaSquad to fly out here! We can't wait to see you! Have a very Merry Christmas and New Year, put on that sunscreen, stay safe, stay hydrated and we will see you in January!

PCOC love Xx



# With Codeine Gone, What Are We Left With?

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From the 1<sup>st</sup> of February 2018, all over the counter codeine-containing products will be removed from their current schedule, and placed into schedule 4: prescription only medications. After intently listening to discussions about the schedule of codeine, and hearing so many pharmacists voice their opinions about “*better solutions*” and that, “*the up-schedule will never happen*”, it is disheartening to learn that this is the truth. A pharmacy student must hope that this piece of news is not representative of how the industry will treat the opinions of their future profession.

NAPSA believes codeine should not have been rescheduled and that MedsASSIST was doing more to solve the problem, and would do more to solve the problem of codeine addiction, than a reschedule.

It is important to reflect on why an issue like abuse of codeine may have arisen. Many are ready to blame the misinformed consumer, many are equally eager to blame the system. However, as we cannot know for sure, the only relevant information we can add is that there is a group that certainly showed fault in this field: lazy professionals. The pharmacy industry is crowded with people who have lost their initial motivation since leaving university, and have settled into a routine that is rarely exciting nor challenging. No longer motivated to succeed or to excel like they once were, a demotivated pharmacist might reject a non-compulsory program like MedsASSIST, as so many did, and not properly counsel a patient requesting a codeine product. Laziness of this kind, for any reason at all, has repercussions.

So what problem does that leave students? On one hand, it is disheartening to see that lazy health professionals are out there, and that they are influencing bodies like the Therapeutic Goods Administration to discredit the capabilities of pharmacists in ways like rescheduling S3 products. On the other hand, if students can learn that remaining motivated and involved in their profession will do more to push the profession forward than laziness and complacency, they can be conscious about maintaining their standards further into their career.

We have witnessed a loss in this case; pharmacists argued for something well within their level of expertise and were denied. The next codeine-reschedule sized decision may be next year, or 5 years down the track.

NAPSA implores the current cohort of pharmacists to maintain their professional standards well into the future, right up until the end of their careers. A united and motivated profession will do wonders for issues like medicine rescheduling, remuneration, and CPA agreements. It is our response to defeats, not success that shows the true character of our profession.

## **David Paulmert**

Director of Media and Publications

National Australian Pharmacy Students' Association

# PDL can't wait for congress!

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## Say G'day to PDL at NAPSA congress 2017!

PDL membership includes Professional Liabilities Insurance (PI) cover and is FREE for pharmacy students and interns. Starting in the student years, PDL continually supports you throughout your career as a pharmacist! You don't pay anything to join but the benefits of membership are enormous. We provide round the clock professional support and advice to all members (including students and interns) in need of guidance, whether in relation to an incident, claim or a question about pharmacy procedures.

Students becoming interns and interns becoming registered must contact PDL to update their cover. Come and say hi to the PDL crew in the NAPSA congress exhibition trade hall on Saturday 28<sup>th</sup> January.



# Guild Customer Experience Index Results

## 'Consumers overwhelmingly back professional service delivery'

The latest Pharmacy Guild Customers Experience Index data has identified the professional services consumers use – and expect – in their community pharmacy. Blood pressure testing has been rated by customers as the service they use most in their community pharmacies. This was closely followed by diabetes services and the provision of vaccinations, according to the latest Pharmacy Guild of Australia's Customer Experience Index data.

The index survey saw 1,000 pharmacies around Australia visited to have their customer experience personally assessed through more than 8,000 interviews with patients as they left the store.

Other findings of the Customer Experience Index data were that additional services which rated highly with awareness of consumers included dose administration aids, blood glucose testing, in-pharmacy medicines reviews, and weight loss and weight management.

The main services to feature on the index were recognised by some 80 per cent of customers, the Customer Experience Index data found.

The index found:

- 98 per cent of customers said pharmacy staff respected their privacy
- 97 per cent agreed that pharmacy staff understood their health conditions
- 93 per cent of customers agreed that pharmacy staff ensured non-prescription medicine was safe for them
- 95 per cent of customers agreed that pharmacy staff provided medicine information to support their health needs.
- 96 per cent of customers reported that pharmacy staff offered assistance and asked questions to clarify their needs

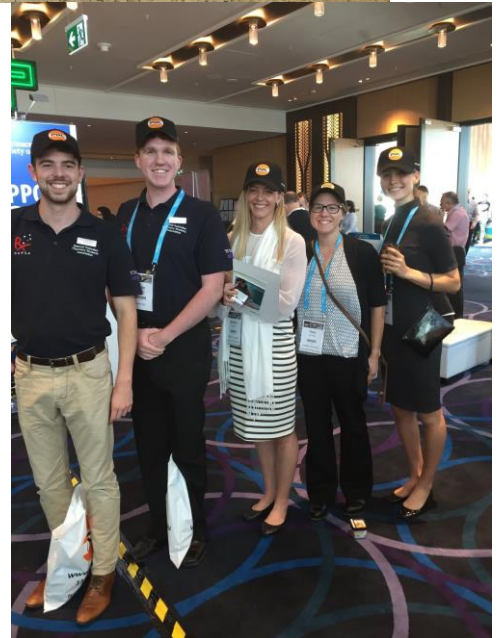
The Customer Experience Index is a Guild member-only service that has been designed to provide pharmacy owners with an insight into what their customers think about their business. The service provides customer experience, net promoter scores and real time feedback to pharmacy owners. A Guild visitor attends the pharmacy, completes the survey and provides the pharmacy with a verbal debrief session followed up with a comprehensive report to discuss the findings of the visit.



# Photos from 2016!



# Photos from 2016!



# PSA's Upcoming Education Events

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## January

### **Queensland**

- 21 PSA Provide CPR- Brisbane
- 21 PSA Provide First Aid - Brisbane
- 25 PSA Immunisation Training- Brisbane
- 31 PSA Immunisation Training - Brisbane

### **South Australia and Northern Territory**

- 16 Workshop: Provide First Aid - Adelaide

### **Victoria**

- 14 Vic Program of Study For Immunisers – Melbourne
- 15 Vic Program of Study For Immunisers – Melbourne
- 21 Vic Program of Study For Immunisers – Melbourne
- 22 Vic Program of Study For Immunisers – Melbourne

### **Western Australia**

- 11 Provide Advanced First Aid - Perth
- 12 Provide Basic Emergency Life Support (CPR) - Perth
- 31 PSA Immunisation Training - Perth

## February

### **Australian Capital Territory**

- 07 Antimicrobial Resistance and Overprescribing - Canberra
- 18 ACT Immunisation Training - Canberra
- 19 ACT Immunisation Training - Canberra
- 23 Remuneration and Reform Roadshow - Canberra
- 28 PSA Intern Training 2017 Workshop 1 - Canberra

### **New South Wales**

- 01 PSA Intern Training 2016/2017 Workshop Two - Sydney
- 05 Provide First Aid - Parramatta
- 05 Provide CPR - Parramatta

# PSA's Upcoming Education Events

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- 05 PSA Immunisation Training - Charlestown
- 08 PSA Immunisation Training - Parramatta
- 08 Having the Confidence To Say No - Parramatta
- 11 Provide First Aid - Newcastle
- 11 Provide CPR - Newcastle
- 12 PSA Immunisation Training - Bathurst
- 18 Provide CPR - Cammeray
- 18 Provide First Aid - Cammeray
- 20 Remuneration and Reform Roadshow - Brighton-Le-Sands/Parramatta
- 21 Remuneration and Reform Roadshow - Chatswood/Charlestown
- 22 Remuneration and Reform Roadshow - Gosford/Wollongong

## Queensland

- 01 PSA Immunisation Training - Sunshine Coast
- 03 PSA Immunisation Training - Hervey Bay
- 07 PSA Immunisation Training - Toowoomba
- 07 Serving Our Community by Improving Immunity 2017 Flu season - Townsville/Cairns/Mackay/Rockhampton/Toowoomba/Sunshine Coast/Gold Coast/ Brisbane
- 13 PSA Immunisation Training - Cairns
- 15 PSA Immunisation Training - Brisbane
- 18 Provide First Aid - Brisbane
- 18 Provide CPR - Brisbane
- 21 PSA Immunisation Training - Brisbane

## South Australia

- 05 PSA Immunisation Training - Adelaide
- 12 PSA Immunisation Training - Adelaide
- 13 PSA Immunisation Training - Adelaide

# PSA's Upcoming Education Events

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## Tasmania

- 11 First Aid Training - Launceston
- 12 PSA Immunisation Training - Launceston
- 18 PSA Immunisation Training - Hobart
- 20 Optimal Transition of Care Through Collaboration - Hobart
- 25 First Aid Training - Ulverstone

## Victoria

- 04 Vic Program of Study for Immunisers - Melbourne
- 04 Provide First Aid - Melbourne
- 04 Provide CPR - Melbourne
- 06 Vic Program of Study for Immunisers - Melbourne
- 09 Vic Program of Study for Immunisers - Melbourne
- 12 Sunday Learning Rheumatology - Melbourne
- 27 Remuneration and Reform Roadshow - Warrnambool
- 28 Remuneration and Reform Roadshow - Bendigo

## Western Australia

- 06 Provide Advanced First Aid - Perth
- 13 PSA Immunisation Training - Perth
- 14 PSA Immunisation Training - Perth
- 20 PSA Immunisation Training - Geraldton
- 22 Provide Advanced First Aid - Perth
- 23 Provide Basic Emergency Life Support (CPR) - Perth
- 27 PSA Immunisation Training - Perth