

ePlacebo May/June 2019



NATIONAL AUSTRALIAN
PHARMACY
STUDENTS'
ASSOCIATION



Connecting Tomorrow's Pharmacists
www.napsa.org.au

What's Inside

President's Report.....	1-2
VPSA Newsletter	3
PhUNE Pizza Lunch for Charity Cup	4
Pharmacy Guild of Australia – ECP Newsletter.....	5
Charity Cup.....	6
NAPSA and LocumCo Rural Placement Scholarship.....	7
Rural Spotlight.....	8-10
The PSA Intern Training Program	11
PSA Student Membership	12
PSA Education Events.....	13-16

Principal Sponsor:



**The Pharmacy
Guild of Australia**

Proudly Sponsored by



LocumCo



FRED



President's Report

Dear NAPSA members,

Congratulations to everyone involved in the NAPSA Charity Cup Campaign! You should all be very proud of yourselves for participating and raising awareness about Brain Tumour Alliance Australia. This organisation is very close to my heart and also to many students, particularly those in SAPSA, as we said farewell to a beloved pharmacy student, Alycia Eaton. Alycia was diagnosed with a stage 4 Glioblastoma late August last year and even through her chemotherapy she continued to attend classes and sit exams. Alycia is an inspiration to everyone that had the privilege to meet her and will be dearly remembered.

Finding out about the death of a fellow student can affect people in different ways. Please remember that you can always talk to someone and the Pharmacists Support Services is always available on 1300 244 910.

The winners of Charity Cup will be announced at our upcoming Annual Gala Dinner. NAPSA's Gala Dinner will be held on the 13th of July 2019 at the Imperial Hotel and tickets can be purchased through this link: <https://www.trybooking.com/BDPUL>. We will be announcing the incoming 2019/2020 NAPSA Board following our Annual General Meeting (AGM) and reflecting on the past term.

Following the success of the inaugural NAPSA/SHPA Student Symposium last year, we are again holding the Student Symposium. The Symposium will take place a day before NAPSA's AGM on Friday 12th of July at Monash University, Parkville Campus. The program includes an introduction to hospital pharmacy, landing the perfect job and future career pathways. For more information and to register (free for NAPSA/SHPA members) visit:
<https://www.shpa.org.au/events/shpanapsa-symposium-2019>.



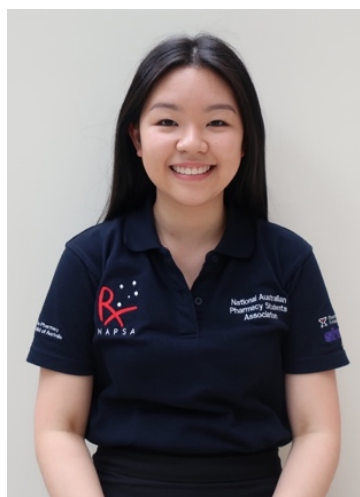
President's Report

In early May, NAPSA attended the APC Colloquium 2019 in Melbourne. The joint event by the Australian Pharmacy Council (APC) and the Australian Nursing and Midwifery Accreditation Council (ANMAC) touched on topics such as improving Indigenous outcomes, the impact of technology on mental health, interprofessional learning and practice. The event was enjoyed by all that attended and to read more about the event keep an eye out for the APC's July newsletter.

The next pharmacy conference is held by the Pharmaceutical Society of Australia (PSA19) in Sydney on the 26-28th of July. The event this year will include an Early Career Pharmacist (ECP) session discussing what the future holds for pharmacists fresh in the profession. It also has the highly anticipated Pharmacy Student of the Year (PSOTY) competition held on the Friday so don't miss it!

It is with great sadness and joy to say to you that this will be my last ePlacebo as NAPSA President. I would like to take this opportunity to thank you all as members for joining me on this journey. It has been a fantastic year and I am honoured to have served as your President. However, I certainly could not have done it all without the support and hard work from my Board, the NAPSA Chairs and NAPSA Advisory Council. Thank you for being examples of great young leaders and I cannot wait to see what you will achieve as future pharmacists. I wish all the best to the incoming NAPSA Board and Chairs for the 2019/2020 term.

I will finish my last ePlacebo with this: 'Your struggle is part of your story. Opportunity follows struggle - it follows effort, it follows hard work - it doesn't come before. So, don't wait for an opportunity, create it. Put in that hard work and take on all the challenges thrown at you as a student. It will shape your future as a pharmacist and an individual. So, go on, be positive, patient and achieve great things!'



Jess Hsiao
National President
president@napsa.org.au



VPSA Newsletter

VPSA recently started a newsletter to keep our members up-to-date on all things NAPSA and VPSA! Our issues come out twice a semester, and we're very excited with how they have been received. The issues' sections include a "From the Editor" section (as shown below, written by Ethan Kreutzer, our Publications Chair), recent events that have affected the campus, and campaigns/initiatives that VPSA is running. For instance, this semester was all about promoting Charity Cup, and next semester we'll be making sure VPSA members roll up their sleeves to help with Vampire Cup. For those interested, below is a snippet of what can be found in our newsletter – the full editions can be found on the VPSA Facebook page if you'd like to read more. We're always open to new ideas about what to include in the newsletter, so be sure to contact us if you have any ideas!

- Aisling McEvoy, VPSA President

"Pharmacists prescribing? Many of you may have heard of the Queensland's government plan to trial pharmacist prescribing. Under the trial, pharmacists will be able to prescribe repeats for the oral contraceptive pill and issue prescriptions for antibiotics to treat urinary tract infections. Pharmacist prescribing already exists around the world, such as in the UK and across the ditch in New Zealand. Yet the proposed trial has drawn outrage and disapproval, particularly from our colleagues in the medical profession. Fears of pharmacists contributing to rise of superbugs are largely nonsensical given our profession's dominant role in antimicrobial stewardship. Yet the controversy does beg the question; should pharmacists be prescribing? In reality, we already do with the supply of S3 (Pharmacist Only) medications. Do we do this well enough though? Do we promote what we do well enough? Yes and no. No doubt there is room for improvement of our current scope, but pharmacist prescribing seems on the horizon, whether that be a near or distant one. Here at VPSA, we welcome development of the profession's scope of practice and we strongly recommend our readers to listen to the AJP podcast titled "Pharmacist Prescribing" to hear a wide range of current pharmacists give their views on this hot topic."

- Ethan Kreutzer, VPSA Publications Chair

PhUNE Pizza Lunch for Charity Cup

On Sunday 28th April, PhUNE hosted a pizza lunch for all Pharmacy students attending intensive school in Armidale for the mid-trimester intensive school period. The event saw students from first year to final year given the opportunity to meet our new PhUNE committee. We also saw a significant increase in our recruitment of new members. The pizzas were a delicious treat for all students who were in the middle of assessments at intensive school. PhUNE also ran a raffle of an AMH19, with almost \$200 raised in support of the Brain Tumour Alliance Australia as part of our fundraising efforts for NAPSA charity cup. This pizza lunch was our first event for the incoming 2019 committee, and we hope will become a recurrent event at future intensive schools.



The Pharmacy Guild of Australia - ECP Newsletter

Have you had a chance to read the Pharmacy Guild of Australia's new ECP newsletter? This newsletter will be published quarterly and deliver you the most relevant issues and advances in the industry today!

The Guild aims to equip early career pharmacists with the pathways, skills, tools and professional networks needed to be leaders in the primary health care system and owners of community pharmacies.

Read it here -



Or visit the ECP Resource Hub. ECP Resource Hub is where to find valuable information and resources relevant to you and your stage of career.

Guild resources relevant to you

Complement your university studies and meet your professional development needs with the Pharmacy Guild of Australia.



GUILDED

Access a wide variety of online training courses, GuildEd assists pharmacists, interns and students to meet their professional development and education needs through CPD approved education, the CPD learning plan and online training options.



MENTORING

Are you interested in building skills that help develop your career in community pharmacy? Or perhaps you have a lot of experience that you'd be willing to share. Our mentor platform helps you connect with other professionals around Australia.



PODCASTS

Focusing on pharmacy management and ownership, the PBCN supports the improvement and growth of your business knowledge and performance with insights and advice from a range of industry professionals.



NEWS & EVENTS

Receive industry updates and insights relevant to you and your career and attend the Guild's premiere pharmacy industry conferences – Australian Pharmacy Professionals (APP) Conference and Pharmacy Connect Conference.



GUILD ITP

Complete your intern training anywhere across Australia with the Guild Intern Training Program (upon graduation).

Charity Cup 2019

Charity Cup has come to an end for 2019!! Thank you to everyone who helped fundraise and donate money to help Brain Tumour Alliance Australia (BTAA) and the wonderful work that they do. With NAPSA's efforts they can continue their advocacy and support work for brain tumour patients and carers as well as inform health professionals of the services that they offer. Catherine the chair of BTAA couldn't thank NAPSA enough for the work and efforts that NAPSA has done to support them. She is also amazed and glad to see pharmacy students take the time and effort to do such charitable works. The final total raised as well as the awards for charity cup will be announced at the annual dinner on the 13th of July.

Antoni Ukalović
Pharmacy Awareness Chair



BRAIN TUMOUR
ALLIANCE AUSTRALIA Inc.

Freecall 1800 857 221
website: btaa.org.au

NAPSA and LocumCo Rural Placement Scholarship

Did you know, NAPSA and LocumCo are inviting all NAPSA members to apply for the 'Rural Placement Scholarship'. The scholarships will be awarded to students who are currently enrolled in a full-time Pharmacy Degree and who are looking for an opportunity to gain valuable experience in a rural location. Second round applications open on the 1st of July and closes on the 10th of August 2019.

NAPSA and LocumCo would like to aid the successful applications in the form of AUD\$1,000 to support students with respect of expenses incurred whilst living away from home such as accommodation, transport and groceries. A record of these expenses while you are away MUST be kept, to ensure the funds are being well managed and distributed.

To be eligible for this application you must:

- Be a NAPSA member from any year level, currently studying a Pharmacy Degree
- Have not gained any assisted funding from other organisations (e.g. 6CPA or through your University)
- Be willing to write a testimonial for NAPSA's ePlacebo and LocumCo at the conclusion of your placement, and upon request be willing to participate in future advertising of the scholarship
- Fill out the NAPSA and LocumCo Rural Placement Scholarship Application Form by August 10th via this link:

<https://forms.gle/sE1EhdCMbpmCUv5B8>

The logo for LocumCo, featuring the word "LocumCo" in a bold, blue, sans-serif font. A thick yellow horizontal bar is positioned directly beneath the text.

Rural Spotlight – Mount Isa

Earlier this year, I was fortunate enough to be able to go out to a town with one of the largest mines in Australia. Spending a month in “The Isa” was a once-in-a-lifetime experience and allowed me to explore the vast breadth of pharmacy.

Home of the Kalkadoon people, Mount Isa is situated in Central Queensland close to the Northern Territory border. This town truly does epitomise ‘country’. People here consistently prefer thongs and shorts; you only see 4-wheel-drives and you will be swallowing flies every time you leave the aircon. Along with Mount Isa Base Hospital, there are multiple community pharmacies and Aboriginal Healthcare Centres. I was lucky enough to have multiple preceptors to learn from and see how they contribute to the community.

I spent my first two weeks in a busy community pharmacy in the centre of town. Having not had much experience in community pharmacy, this was one of the first times I was able to develop a connection to my customers in this kind of environment. Customers seemed to value us as primary healthcare professionals and showcased the opportunities available for pharmacists in the multidisciplinary healthcare team. A wide range of complementary professional services were also offered, such as sleep apnoea care, blood pressure monitoring, medical certificates and vaccinations. Having these services improved the access to healthcare for this community which helped improve the health outcomes of residents. Rural pharmacy is at the forefront of professional services and I was able to learn so much about the implementation of such programs.



Rural Spotlight – Mount Isa

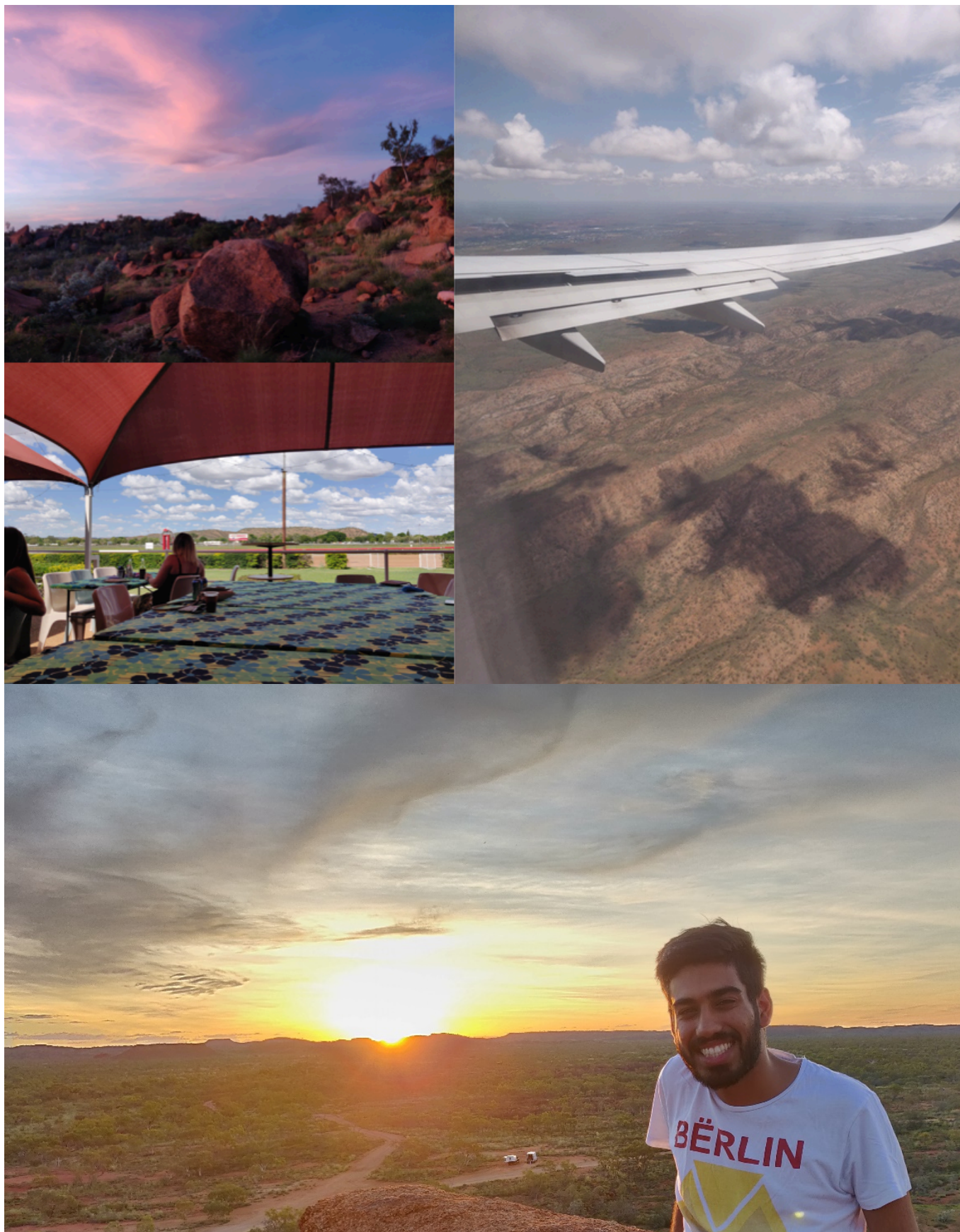
My final two weeks was at the Mount Isa Base Hospital. I found this an invaluable experience because throughout my degree, there was not much opportunity to have an extended placement within the hospital environment. I was able to see what a hospital pharmacist does and how they interact within the multidisciplinary team. A typical day involved attending the morning handover meeting then doing ward rounds. The workplace environment was incredibly flexible, so I could tag along with everyone in the department to experience the differences between each role. I was also able to contribute to research projects, provide an education session to pharmacists and chat to the antimicrobial stewardship team. With limited resources, it was amazing to see how the pharmacy department was able to still provide for their patients. There are nine health centres that Mount Isa Base Hospital services, with six of them utilising telehealth for their pharmacy service. Within those centres, a pharmacist conducts their ward rounds and does stock checks remotely through telecommunications. I found this fascinating and a wonderful solution to counteract the distance and staffing issues that are faced by rural communities. With Townsville being the closest referral centre, Mount Isa significantly improves the area's quality use of medicines.

It wasn't only just pharmacy in Mount Isa. Through the Mount Isa Centre for Rural and Remote Health, I was able to engage in interprofessional training and cultural awareness workshops. Furthermore, we had a library and computer labs which allowed for access to the resources I need. The social scene was also ecstatic, with lots of students from universities across Queensland. There was something on every weekend, from races to BBQs to hikes. I made great friends and met my future colleagues from all health disciplines. With all of us living together, I had a great time studying, cooking and hanging out with my roommates, who I would then see in the hospital and at MICRRH workshops. There was great comradery between all of us and it made my placement much more rewarding.

Rural pharmacy is a small world and this experience has strengthened my desire to work rurally. Country communities like Mount Isa have shown me how important rural pharmacists are. Often the first port of call, I have found rural pharmacy is able to expand my clinical knowledge and fast-track my career. I encourage all students to give rural pharmacy a try, you will not regret it!

Krishn Parmar
University of Queensland

Rural Spotlight – Mount Isa



PSA Intern Training Program



PSA Intern Training Program

- » Superior Education
- » Quality Program
- » Experienced Support

Enrol now in the intern program that puts you a step ahead www.psa.org.au/interns



For more information about the Pharmaceutical Society of Australia's Intern Training Program visit their website!

PSA Student Membership



DISCOUNT on essential reference text for your pharmacy studies

Become a FREE Pharmaceutical Society of Australia (PSA) student member and as an added bonus receive a \$130 discount off the APF24.

APF24 is an essential resource to aid your studies and assist in preparation for exams and professional practice. It covers a vast range of topics to support your studies, such as counselling, extemporaneous dispensing, cautionary advisory labels, complementary medicines, wound care and more.

Become a FREE PSA student membership and order your APF24 at www.psa.org.au

Want even more from your APF? APF is now available in digital.

With the digital version of APF, all the essential information you need to further your skills is at your fingertips. It is accessible on all mobile devices, with the advanced search and bookmarking tools making it easier than ever to find the information you require.

Some more great benefits for PSA student members include:

- Online access to *Australian Pharmacist*, the most closely read pharmacy journal in Australia.
- Invitations to regular PSA events, seminars and workshops in metro and rural locations throughout the country. Many of them are either free or offer exclusive discounts to PSA student members.
- Exclusive opportunity to compete against your peers nationally for the coveted annual title of Pharmacy Student of the Year (PSOTY).
- Gain access to quality, accredited pharmacist education materials to assist you in your studies.
- Receive support and be inspired by leading pharmacists to develop confidence, a professional network and get your career started on the right track.

APF24 – the best health information at your fingertips

PSA Upcoming Events

For more information on any of the PSA's Upcoming Events check out their website - <https://www.psa.org.au/networking-events/all-events/>

July 2019

Australian Capital Territory

02 Evidence Based Medicine #2 – Applying your Knowledge - Deakin

Queensland

02 Inflammatory Bowel Disease – Brisbane

02 Immunisation Practical Workshop - Brisbane

06 Immunisation Practical Refresher – Brisbane

13 HLTAID003 Provide First Aid – Brisbane

13 HLTAID001 CPR only training – Brisbane

17 Hepatitis C facilitated Workshop - Toowoomba

22 Hepatitis C facilitated Workshop – Rockhampton

New South Wales

14 Provide CPR – North Sydney

14 Provide First Aid – North Sydney

16 Weight Assessment in Pharmacy - Charlestown

25 Clinical Pharmacy Foundation Workshop - Sydney

South Australia

02 Chemical Restraints and Behavioural and Psychological Symptoms of Dementia - Unley

Victoria

02 Antimicrobial Stewardship and the Role of Every Pharmacist – Parkville

09 Antimicrobial Stewardship and the Role of Every Pharmacist – Webinar

14 Immunisation Training Program – Melbourne

PSA Upcoming Events

July 2019

Victoria

18 Intern Training 2019 Workshop 2 – Melbourne

22 APSIG July: Managing behavioural problems in aged care -Melbourne

23 Victorian Opioid Pharmacotherapy Program Part 2 - Webinar

August 2019

Australian Capital Territory

13 Journal Club – Deakin

15 Mums & Bubs & Dads too... -PnD & Developmental Milestones – Deakin

20 Intern Training Program Workshop 2 – Deakin

20 Intern Training Program Explained – Canberra

Queensland

06 Hepatitis C facilitated Workshop – Brisbane

09 HLTAID001 CPR only training – Brisbane

09 HLTAID003 Provide First Aid – Brisbane

12 Hepatitis C facilitated Workshop – Mackay

19 Hepatitis C facilitated Workshop – Gold Coast

21 Hepatitis C facilitated Workshop – Cairns

22 Intern Training Workshop 2 – Brisbane

24 Immunisation Practical Workshop - Brisbane

24 Immunisation Practical Refresher – Brisbane

26 Hepatitis C facilitated Workshop – Hervey Bay

28 Hepatitis C facilitated Workshop – Townsville

PSA Upcoming Events

August 2019

New South Wales

- 03 Provide First Aid – Baulkham Hills
- 13 Hepatitis C facilitated Workshop – Liverpool
- 13 Hepatitis C facilitated Workshop – Kogarah
- 14 Hepatitis C facilitated Workshop – Baulkham Hills
- 14 Hepatitis C facilitated Workshop – Dee Why
- 15 Intern Training Workshop 2 - Ultimo
- 18 Prescription Medicine Safety workshop – North Sydney
- 20 Attention-deficit Hyperactivity Disorder (ADHD) - Wollongong
- 20 Hepatitis C facilitated Workshop – Parramatta
- 20 Hepatitis C facilitated Workshop – Concord West
- 25 Prescription Medicine Safety workshop – Charlestown
- 27 Intern Training Workshop 2 - Ultimo
- 27 Hepatitis C facilitated Workshop – Greenacre
- 27 Hepatitis C facilitated Workshop – Randwick
- 27 Hepatitis C facilitated Workshop – North Sydney
- 31 Blended Mental Health First Aid – Port Macquarie

Northern Territory

- 15 Intern Training Workshop 2 – Darwin

South Australia

- 05 Intern Training 2019 Workshop 2 – Adelaide

Tasmania

- 06 Inflammatory Bowel Disease – Ulverstone
- 13 Atrial Fibrillation - Hobart
- 14 Atrial Fibrillation – Launceston
- 19 Intern Training Workshop 2 – Hobart

PSA Upcoming Events

August 2019

Victoria

- 05 Intern Training Workshop 2 – Melbourne
- 06 Pharmacy Practice Forum 2019 – Legal and Ethical Dilemmas - Parkville
- 21 CPD Planning Workshop – Parkville
- 28 Victorian Opioid Pharmacotherapy Program Part 2 – Webinar

Western Australia

- 13 Intern Training 2019 Workshop 2 - Perth
- 20 Intern Training 2019 Workshop 2 - Perth
- 27 Intern Training 2019 Workshop 2 - Perth
- 28 Hepatitis C facilitated Workshop – Karratha
- 28 Hepatitis C facilitated Workshop – Albany
- 28 Hepatitis C facilitated Workshop – Geraldton
- 28 Hepatitis C facilitated Workshop – Broome
- 28 Hepatitis C facilitated Workshop – Bunbury
- 29 Hepatitis C facilitated Workshop – Perth
- 29 Hepatitis C facilitated Workshop – Kalgoorlie