

ePlacebo March/April 2020



NATIONAL AUSTRALIAN  
PHARMACY  
STUDENTS'  
ASSOCIATION



Connecting Tomorrow's Pharmacists  
[www.napsa.org.au](http://www.napsa.org.au)

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**The Pharmacy  
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# President's Report

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Dear NAPSA members,

I hope you are well and are adapting to these new and trying times. We are all readjusting to the changes in our learning environments and work schedules. I understand that this can cause an increase in personal stress and anxiety, and it is important to know that you are not alone in this, even though it may feel that way. Continue to check in on your friends and family at this time. This current situation affects everyone differently and now, more than ever, we need to be here for the people around us.

The Pharmacists' Support Service is always here to support you on 1300 244 910 if you are feeling overwhelmed with work or your studies. They have also released wellbeing resources on their website which can be accessed [here](#).

This year NAPSA has again partnered with the Pharmacists' Support Service to provide an entry for the Australian Journal of Pharmacy's Talent Competition. Due to the pandemic, this year's competition is a virtual one, with entrants submitting videos online to showcase their talents. Members of the Advisory Council submitted dancing videos and photos which were collated to our rewritten lyrics of 'Call Me Maybe'. Voting is open until midnight Tuesday the 5<sup>th</sup> of May! To watch the video and cast your vote click [here](#).



# President's Report

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As you may have seen, the Society of Hospital Pharmacists of Australia has put together a register of those willing to work with hospital sites that may be suffering staff shortages due to the COVID-19 pandemic. This includes pharmacy students! For those interested, visit the SHPA COVID-19 Hospital Pharmacy Relief Register [here](#).

Keep an eye out in your emails and across the NAPSA socials for information on our upcoming education sessions and public health campaigns, which we would love for you to all get involved in!

I wish you all the best with your online studies and upcoming exam periods, and most importantly, stay safe!

Xoxo NAPSA Love



Erin Cooper  
National President  
[president@napsa.org.au](mailto:president@napsa.org.au)



# Blood Donations Still Essential

Ever since the introduction of the novel coronavirus to Australian shores, we have seen appropriate restrictions put in place to limit non-essential activities and restrict widespread movement. However, blood and plasma donations remain an essential activity, and our donor centres need us more than ever!

Whilst the pandemic has affected all our lives in different ways, there are still patients in hospital requiring blood and plasma, and they rely on the continued generosity of the Australian public.

You can help make that difference today by booking in for an appointment at your nearest donor centre. Travel and venue restrictions do not prevent you from donating blood and to find out how centres across the country are keeping their donors and staff safe, visit [Lifeblood](#).

Also, you can join your local branch's Lifeblood Team to contribute to your branch's national donation total. Registering with your team now will put you in good stead for the Vampire Cup competition later in the year!

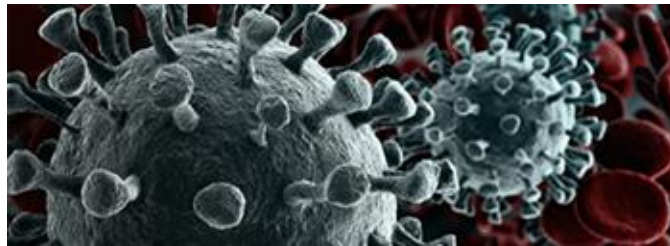
Finally, giving blood genuinely changes lives and it's a great reason to momentarily get out of the house.

Ethan Kreutzer  
*NAPSA Publications Chair*





GuildEd assists pharmacists, interns and students meet their professional development and education needs through CPD approved education, the CPD learning plan and online training options.



## COVID-19

This mobile-enhanced course provides information for community pharmacists in responding to the COVID-19 pandemic. This is a rapidly evolving situation. The course will be updated on a regular basis to ensure pharmacies are receiving up-to-date information on the current response.

## Business continuity during COVID-19

This course is designed as a resource for pharmacy owners and managers to support business continuity during the COVID-19 pandemic. This course is available to pharmacists working in Guild member pharmacies only.



## How to protect yourself and the people you are caring for from infection with COVID-19

The Department of Health has developed infection control training for COVID-19, which is also available via GuildEd.



## Managing stress in pharmacy

Many pharmacists are finding the current COVID-19 crisis to be stressful or causing burnout. This module was created in collaboration with the [Pharmacists' Support Service](#), and addresses key contributors to workplace stress in community pharmacy and strategies to minimise stress.

To discover these and many other courses, [join GuildEd](#) today.

# SAPSA's Social Strategy

In these uncertain times, firstly SAPSA would like to thank all the frontliners that are working hard day and night. SAPSA hopes that everyone stays safe and healthy. In these unprecedented times, although all our physical activities are temporarily halted, SAPSA has actively engaged members through all our social media platforms.

We have initiated “Pharmacy Fun Facts” which provides an interesting pharmacy fact as shown below. Head on to our [Facebook](#), [Instagram](#) or [Twitter](#) page and take part in our “SAPSA BINGO” and don't forget to use the hashtag #SAPSABINGO to tag us!

Now for some exciting news! SAPSA is in the midst of creating a website and a snippet of it is shown below as well. SAPSA aims to increase engagement with the students through social media, especially given the current climate. The committee is working hard towards modifying the plan for the year ahead as we understand how challenging these times can be. We hope that everyone is occupying their time well and allowing some quality time for relaxation. Remember to stay safe and connected with everyone around you!

Prabhnisha Kaur Keshminder Singh  
*SAPSA Publications and Marketing Officer*

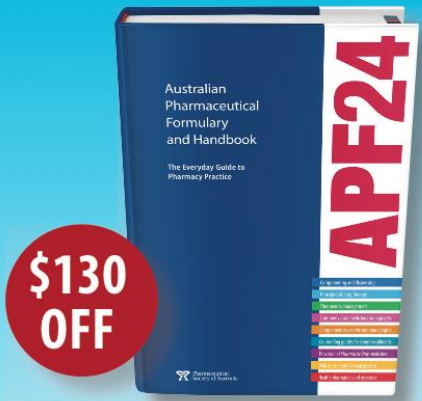




# PSA Student Discounts



**SAVE \$219**  
on required pharmacy texts for pharmacists



**\$130 OFF**

PSA student members receive exclusive discounts on...



**\$89 OFF**

Order online and stay safe at home all while enjoying **FREE SHIPPING** nationwide on all PSA book orders.

Order now at  
[www.psa.org.au/shop](http://www.psa.org.au/shop)\*



Not a PSA member? Sign up now for **FREE PSA STUDENT MEMBERSHIP** at [www.psa.org.au/student](http://www.psa.org.au/student)



\*Login to the PSA Members Portal to receive your student discount. Limited to one of each book, per PSA student member. We are temporarily not supporting in person book sales or book pick-ups from any of our PSA office locations.

PSA572

# National Student Business Plan



**COMPETITION**

ENTRIES CLOSE SOON!!

Do you have an entrepreneurial spirit and a desire to shape the future of community pharmacy? Do you have an innovative service idea that will contribute to a vibrant and dynamic community pharmacy network and make a genuine difference to the health and lives of our local communities?

If so, it's time to get down to business and get your business plan ready, polished and perfected for the Pharmacy Guild of Australia's National Student Business Plan Competition (NSBPC)!

[Register your interest here](#) and read on for details on the competition.



The Pharmacy  
Guild of Australia

2020

## National Student Business Plan

COMPETITION



### BUSINESS PLAN ESSENTIALS

These guidelines aim to provide a consistent base for all teams, to allow them to focus on the innovation component. All business plans submitted by the participants in the National Student Business Plan Competition 2020 must comply with these guidelines.

The business plan **MUST** be based on the 'Foundation Pharmacy Profile' which is located in the RESOURCES section of the website. All entries must use the 'Foundation Pharmacy Profile' from which to develop their new pharmacy business.

Do not construct your business plan on an existing pharmacy business – your pharmacy is fictitious.

**The focus of the plan MUST be on a business innovation and a community integration activity**

To be successful in the first round of the competition, the business plan **MUST** use the information provided and **MUST** detail the development of a new to market or highly differentiated service to be run from the pharmacy. The business plan **MUST** also outline how this service offers a social or community benefit.

#### Your business plan should aim to describe:

- » what is unique or innovative about the pharmacy service proposed
- » what it is you're selling
- » who the target market is
- » the demographic and size of the market
- » the revenue model
- » how do you expect to make money?
- » who is behind your business?
- » what are you offering an investor?

Discover more at [guild.org.au/nsbpc](http://guild.org.au/nsbpc)



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## BUSINESS PLAN FORMAT AND CONTENT

### Business plans MUST be in the following format:

- » maximum ten A4 pages for all content inclusive of graphs, charts, tables, pictures etc;
- » all pages to be A4 ONLY;
- » one additional page for Title Page;
- » one additional page for Contents;
- » additional biography page/s with maximum 200 words for each team member and team mentor\*;
- » single spaced text using Arial font (font size 10 or equivalent);
- » no references; market research results; appendices; attachments etc; and
- » the plan should be succinct and be able to satisfy the scrutiny of a loan provider and assembled as though being made to a bank or lending institution for finance – **use plain language and avoid jargon**

\*Looking for a team mentor?  
You may find a mentor on the Guild Mentor Platform.  
Visit [guild.org.au/mentorplatform](http://guild.org.au/mentorplatform)

### The business plan MUST address the seven sections outlined below:

- » **An Executive Summary** – the overview of your business;
- » **A Short Description of the business** – this must include one 'new to market' or 'highly differentiated' service that will be offered by the pharmacy and one social outreach or community initiative that will be offered;
- » **Marketing and Sales Strategy** – outline how you will sell your business and why people will buy from you;
- » **Management Team and Personnel Summary** – your credentials and the skills of the team you plan to recruit;
- » **Operations Management** – details of your premises; management information systems; IT and risk management outline;
- » **Financial forecasts** – using the details provided and your innovations in the previous sections to translate your plan into numbers;
- » **SWOT** or opportunity analysis including demographics etc.





# BEFORE YOU DISPENSE SUBSCRIBING MAKES SENSE



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[nps.org.au/apsubs](https://nps.org.au/apsubs)

# Exploring Pharmacy in the UK

Over February and March, I was lucky enough to be included in a group of five 4<sup>th</sup> year pharmacy students, who were able to complete our Masters research in London. This was made possible through PharmAlliance – an agreement between Monash University, University College London (UCL) and the University of North Carolina (UNC) that boosts pharmacy communication, leadership and research globally. We were very lucky to have such an amazing opportunity to complete research overseas, and we definitely made the most of our time there!



Our research was in pharmacy education, and involved interviewing pharmacists, students and interns (pre-registration pharmacists in the UK) to uncover ways to improve pharmacy education. It was incredibly interesting learning the similarities and differences between pharmacy in Australia and the UK. A main difference we found was the availability of more over the counter products in the UK (for example, sildenafil is available without a prescription). Courses at UCL are structured slightly differently than they are at Monash and other Australian universities, with less focus on clinical practice at the beginning of the degree, and more on formulation science. Although, we all have the same annual calculations test and OSCEs (much to everyone's disappointment).

# Exploring Pharmacy in the UK

Another big difference in the UK is the emergence of pharmacist prescribing. Pharmacists at the Royal Free Hospital in North London told us about the prescribing course pharmacists can undertake, which involves a deeper look into diagnosing illnesses, and how to take a more comprehensive history. OSCEs are completed throughout the prescribing course, which ranges between four to nine months in duration. Upon completion, pharmacists are able to undertake more responsibilities, including writing drug charts. Due to these new opportunities, there is a growing shift towards pharmacy technicians looking after the dispensary, with pharmacists implemented more on wards. After hearing these opportunities, we felt encouraged and excited that we might eventually be able to prescribe in Australian practice as pharmacists. Some hospitals have already started to encourage this, but it will be exciting to see it fulfilled in more pharmacy sectors. Extending our future scope of practice may also be accelerated by the additional responsibilities pharmacists have during the current pandemic, as well as the precedent set by other countries.

While we spent a lot of time researching, we still found time to explore London and the UK. Highlights included exploring Oxford, amazing bookshops, galleries and museums, and (of course) every landmark mentioned in Harry Potter. At the end of the trip, we agreed our weekend in Scotland was a crowning moment; seeing the Highlands whilst it was snowing was beautiful. Even though we had to cut our trip slightly short due to COVID-19, the opportunity to study overseas was incredible, and we'll definitely be going back as soon as possible!

Aisling McEvoy  
*NAPSA Executive Director*







**Students and interns receive  
FREE PDL membership!  
Register online today at [pdl.org.au](https://pdl.org.au)**

At PDL, we have been supporting pharmacists for over 100 years and are still Australia's leading choice for Pharmacists Professional Liabilities Insurance (PI) cover.

We are a not-for-profit independent organisation owned by our members and provide funding to education and the pharmacy profession to help sustain pharmacy into the future.

**What is PI cover?**

**WATCH THE VIDEO**

Insurance issued by Guild Insurance Limited ABN 55 004 538 863, AFS Licence No. 233791 and subject to terms, conditions and exclusions. Guild Insurance supports PDL through the payment of referral fees. Please refer to the policy wording and policy schedule for details. For more information call 1300 854 838.



# My Pharmacy Career and Guild Mentor



My Pharmacy Career is your premium job-seeking platform for all careers and roles within community pharmacy.

Set your career profile today and let My Pharmacy Career start searching for your career opportunities, apply online or simply start searching today for new career opportunities yourself. My Pharmacy Career is an end-to-end recruitment platform designed to help you find careers and exciting roles in community pharmacy.

My Pharmacy Career is a national jobs platform, specific to community pharmacy. Anyone can register to find a new career or job opportunity within community pharmacy.

The My Pharmacy Career App is compatible with Apple and Android phones.

# Rural Spotlight – Torres Strait

I was lucky enough to spend two weeks of placement at the Thursday Island Hospital Pharmacy in the Torres Strait. I really enjoyed my time and experienced more than in a usual metropolitan hospital.

The Thursday Island Outreach Hospital Pharmacist took me on two outreach trips to Bamaga and Horne Island where I experienced the difficulties patients face accessing healthcare in rural settings. I learnt how the pharmacists and other staff assist in improving the reduced access, and also noted the very unique expanded role a pharmacist in these areas. Chart checking, ensuring patients medication needs are met, checking dosing guidelines were being followed are major activities the pharmacist role entails. During my time here I started a project to individualise retrieval pack and resuscitation trolley medications which aims to help cater to the specific and unique of all Primary Health Care Centres in the Torres and Cape.



Back on Thursday Island, I expanded upon my clinical knowledge using the incredible number of resources available from QLD Health to answer questions and concerns about prescribing medications on wards of the hospital.

The community pharmacy on TI offered me to spend a day with them as they work closely with the hospital pharmacy. They taught me many things that would not be taught in a metropolitan pharmacy due to the accessibility schemes in place.

# Rural Spotlight – Torres Strait

The locals welcomed me with open arms and invited me to a cultural feast, to celebrate the “Coming of Light” which is a public holiday to remember the coming of Christianity to the islands. I explored the tastes of local delicacies such as turtle. I watched the dancers and was emotionally moved by the beautiful singing.

“The Torres” is the place to be on Friday nights, boasting karaoke and an atmosphere that would put Flinders Street to shame. Meeting new people and catching up with staff from the hospital whilst also having a moment to belt it out to Bon Jovi was a moment to remember. To wind down, the bowls club cooked home-made Thai food every Sunday, so the hospital staff and I decided to make it a ritual to catch up before getting ready for the next week ahead.

This placement gave me a hands-on experience which I believe taught me more than a classroom could. Not only were the views unreal, but the atmosphere was incredible, and the locals were wonderful. I felt very welcomed and was extremely sad to leave. Hopefully, I’ll be back in the future! As an unforgettable placement, I full recommend Thursday Island to all medical and allied health students who have the opportunity!

Hayley Rosadi

*James Cook University Pharmacy Student*



# The PBCN Podcast

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Focusing on pharmacy management and ownership, the PBCN supports the improvement and growth of your business performance and career progression with insights and advice from a range of industry professionals.

*[Podcast in Focus Ep. 43: COVID-19 - How do I prepare my pharmacy for Coronavirus](#)*

The impact of COVID-19 has been felt on a global scale. The challenges facing healthcare providers are monumental. Once again, community pharmacy finds itself on the frontline of an unprecedented response effort.

As COVID-19 spreads, community pharmacies remain one of the most accessible destinations for essential needs and health services. The accessibility of community pharmacy means people may present with indications they have the novel coronavirus or COVID-19.

Pharmacists can minimise the spread of the virus by undertaking a number of specific activities to ensure they support their staff and patients. In particular, ongoing care for vulnerable patients or those that are self-isolating will be important.

One thing is clear: amidst the pandemic, pharmacies remain resolutely focused on the health and wellbeing of their communities. This commitment is helping to ensure patients can continue to rely on expert advice and service required in these challenging times. The accessibility, training and versatility of community pharmacy are once again at the forefront of a national healthcare response effort.

The situation is changing rapidly so it is important to stay up to date with the latest official information about the spread of COVID-19 and what steps are being taken.





# Guild Intern Training Program

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**GUILD INTERN TRAINING PROGRAM**

**NOW INCLUDES  
FREE MMR STAGE  
ONE TRAINING**

[WWW.INTERPHARMACIST.COM.AU](http://WWW.INTERPHARMACIST.COM.AU)

 The Pharmacy  
Guild of Australia  
INTERN TRAINING PROGRAM

Guild Interns can now access Medication Management Review (MMR) Stage One Training at no extra cost, through an exclusive agreement with the Australian College of Pharmacy.

Valued at \$259, this online course provides interns with an understanding of the important MMR process, improving patient outcomes and helping reduce unnecessary hospital admissions, while learning valuable communication and clinical problem-solving skills.

Find out more at [www.internpharmacist.com.au](http://www.internpharmacist.com.au) or call 1300 110 161

# GUAPS' Online Activities

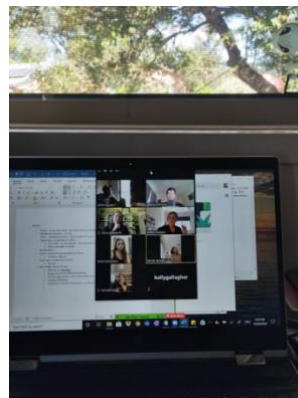
As everyone is more than aware, COVID-19 has drastically changed the landscape that we find ourselves in. Such necessary changes that have altered our way of life have also succeeded in throwing a spotlight on all of our students, interns and pharmacists that form the essential workforce. As a team, GUAPS wants to say thank you to all of these brave essential workers keeping our country running during this pandemic crisis. An especially big thank you goes out to all of our students currently working and representing the best that we as pharmacy students, but more importantly, as people, have to offer.

In light of the situation, GUAPS is striving to maintain our active presence for our students and members. As all in-person events have been cancelled to protect our members, guests and attendees, we are switching over to a completely online format. This is a very new and exciting experience for all of us and we are attempting to make it as easy as possible to access everything that we offer. We hope that this will allow all our members to connect and come together, despite isolation measures. In the coming weeks, GUAPS will be offering a host of online events and activities such as:

- An OSCE practice session for our students directed to helping prepare them for the new format of verbal assessment
- A Netflix Watch chill out session
- A social Strava competition between our different cohorts and the academics
- A trivia event

We look forward to seeing everyone there and are so grateful for the big 'pharmily' we are all a part of!

Joshua Clements  
*GUAPS President*



# Guild Student Offer and ECP Resource Hub

## JOIN THE GUILD FAMILY

The Pharmacy Guild of Australia's Student Offer is open to all pharmacy wstudents until graduation.



The Pharmacy  
Guild of Australia

### The Guild Student Offer gives you:

- ✓ FREE entry to The Australian Pharmacy Professional Conference (APP) Trade Exhibition and Welcome Reception on the Gold Coast
- ✓ FREE registration to Pharmacy Connect Conference in Sydney
- ✓ Important Community Pharmacy Agreement updates
- ✓ Quarterly dedicated student newsletter delivered straight to your inbox – bringing you the most relevant issues and advances in the industry today
- ✓ Comprehensive updates on professional pharmacy services
- ✓ Exclusive competitions

## Early Career Pharmacist Resource Hub

The Guild aims to equip early career pharmacists with the pathways, skills, tools and professional networks needed to be leaders in the primary health care system and owners of communities pharmacies. The ECP Resource Hub is where to find valuable information and resources relevant to you and your stage of career.

### Guild resources relevant to you

Complement your university studies and meet your professional development needs with the Pharmacy Guild of Australia.



#### GUILDED

Access a wide variety of online training courses, GuildEd assists pharmacists, interns and students to meet their professional development and education needs through CPD approved education, the CPD learning plan and online training options.



#### MENTORING

Are you interested in building skills that help develop your career in community pharmacy? Or perhaps you have a lot of experience that you'd be willing to share. Our mentor platform helps you connect with other professionals around Australia.



#### PODCASTS

Focusing on pharmacy management and ownership, the PBCN supports the improvement and growth of your business knowledge and performance with insights and advice from a range of industry professionals.



#### NEWS & EVENTS

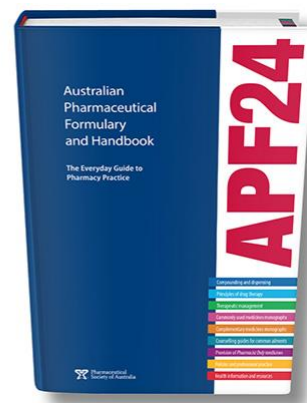
Receive industry updates and insights relevant to you and your career and attend the Guild's premiere pharmacy industry conferences – Australian Pharmacy Professionals (APP) Conference and Pharmacy Connect Conference.



#### GUILD ITP

Complete your intern training anywhere across Australia with the Guild Intern Training Program (upon graduation).

# PSA Student Membership



## **DISCOUNT on essential reference text for your pharmacy studies**

Become a FREE Pharmaceutical Society of Australia (PSA) student member and as an added bonus receive a \$130 discount off the APF24.

APF24 is an essential resource to aid your studies and assist in preparation for exams and professional practice. It covers a vast range of topics to support your studies, such as counselling, extemporaneous dispensing, cautionary advisory labels, complementary medicines, wound care and more.

**Become a FREE PSA student membership and order your APF24 at [www.psa.org.au](http://www.psa.org.au)**

Want even more from your APF? APF is now available in digital.

With the digital version of APF, all the essential information you need to further your skills is at your fingertips. It is accessible on all mobile devices, with the advanced search and bookmarking tools making it easier than ever to find the information you require.

Some more great benefits for PSA student members include:

- Online access to *Australian Pharmacist*, the most closely read pharmacy journal in Australia.
- Invitations to regular PSA events, seminars and workshops in metro and rural locations throughout the country. Many of them are either free or offer exclusive discounts to PSA student members.
- Exclusive opportunity to compete against your peers nationally for the coveted annual title of Pharmacy Student of the Year (PSOTY).
- Gain access to quality, accredited pharmacist education materials to assist you in your studies.
- Receive support and be inspired by leading pharmacists to develop confidence, a professional network and get your career started on the right track.

**APF24 – the best health information at your fingertips**



# PSA Upcoming Events

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For more information on any of the PSA's Upcoming Events check out their website - <https://www.psa.org.au/networking-events/all-events/>

## May 2020

### **Queensland**

- 05 HLTAID003 Provide First Aid (QLD) – Brisbane
- 05 HLTAID001 Provide CPR (QLD) – Brisbane
- 23 Immunisation Practical Workshop – Brisbane
- 23 Immunisation Practical Refresher – Brisbane

### **New South Wales**

- 01 Immunisation Practical Workshop – North Sydney
- 03 Provide First Aid (HLTAID003) – Orange
- 03 Provide CPR (HLTAID001) – Orange
- 07 Immunisation Practical Workshop – North Sydney
- 15 Provide First Aid HLTAID003 – North Sydney
- 15 Provide CPR HLTAID001 – North Sydney

### **Tasmania**

- 03 Immunisation Practical Workshop – New Town

### **Victoria**

- 06 Victoria Opioid Pharmacotherapy Program Part 2 Webinar
- 12 Provide First Aid (HLTAID003) – Melbourne
- 12 Provide CPR (HLTAID001) – Melbourne
- 24 Immunisation Practical Workshop – Mildura

### **Western Australia**

- 05 Immunisation Practical Workshop – Perth

# PSA Upcoming Events

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## June 2020

### Queensland

03 HLTAID003 Provide First Aid (QLD) – Brisbane

03 HLTAID001 Provide CPR (QLD) – Brisbane

19 Immunisation Practical Workshop – Brisbane

19 Immunisation Practical Refresher – Brisbane

### New South Wales

21 Provide CPR HLTAID001 – North Sydney

21 Provide First Aid HLTAID003 – North Sydney

### Victoria

01 Immunisation Practical Workshop – Melbourne

02 Immunisation Practical Workshop – Melbourne

13 Victorian Opioid Pharmacotherapy Program – Part 1 – Sunshine

13 Victorian Opioid Pharmacotherapy Program – Part 2 – Sunshine

20 Immunisation Practical Workshop – Melbourne

21 Immunisation Practical Workshop – Melbourne

Published by:  
Ethan Kreutzer  
2019/20 Publications Chair