

ePlacebo July/August 2018 Edition



NATIONAL AUSTRALIAN
PHARMACY
STUDENTS'
ASSOCIATION



Connecting Tomorrow's Pharmacists

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President's Report

Dear fellow NAPSA members,

I am super excited and extremely honoured to take this opportunity to introduce myself as your NAPSA president for the 2018/2019 term. On behalf of my Board and Chairs, we are looking forward to an exciting and challenging year ahead working together to provide better opportunities for our members.

I would like to firstly extend a big thank you to Immediate Past President, Sandra Minas, and her board for all the hard work and many achievements seen in the last 12 months. NAPSA has come a long way to increase the professional representation of pharmacy students within the industry and I look forward myself to working with a fresh and enthusiastic new team to ensure we continue to foster these relationships and success within the pharmacy profession.

This year, our Annual General Meeting (AGM) was held at Treacy Centre, Melbourne. The AGM weekend also saw the inaugural SHPA-NAPSA Student Symposium come to fruition with an overwhelming number of pharmacy students in attendance. The results of the AGM saw the new Board being elected and the winners of Charity Cup, Best Branch and induction of Honorary Life Members were announced at our Annual Dinner. NAPSA's Charity Cup total was also announced on the night and I am proud to say we raised \$25224.78 for Fullife Foundation as well as 6000 Birthing Kits on top of that. Congratulations to University of New England Pharmacy Students' Association (PhUNE) for winning the overall Charity Cup Award and to the South Australian Pharmacy Students' Association (SAPSA) for the Charity Cup Innovation Award. Another big congratulations goes to SAPSA for also taking home the well-deserved Best Branch award. I would also like to congratulate our Honorary Life Member, Catherine Bronger, who is an inspiration to all pharmacy students.

Over the past months NAPSA has been working on improving our communication both internally with our branches and externally with the industry. With the new website up and running we are working hard to get the membership system up to scratch to ensure the data is up to date. There are also some new resources lined up for the website so watch this space!

President's Report

July was a busy month for NAPSA as we attended PSA18 held in Sydney a few weeks after AGM. The conference saw the launch of the Pharmacists in 2023 Discussion Paper, which has many key conversation starts on the changes and opportunities for pharmacists in 2023. The theme was *Leading Pharmacy Future* with the education programs and inspiring panel discussion sessions. A key message enforced through the conference was connecting pharmacists to the healthcare industry to ensure medicine safety. The Pharmacy Student of the Year Finals were also held at the conference and NAPSA would like to extend its congratulations to Ben Coghlan from University of Canberra who was announced as the winner of this prestigious competition (both the national competition and the People's Choice Award). It is exciting as students to be involved in the period of change for pharmacy and NAPSA would like to thank the PSA for providing us with educational and networking opportunities with the industry.

I would like to congratulate all our delegates who attended the 64th International Pharmacy Students' Federation (IPSF) World Congress in Mendoza, Argentina, and to our delegates that attended the Asia Pacific Pharmaceutical Symposium in Fujiyoshida, Japan. I am sure our Australian delegates had an eye-opening experience seeing the impact of pharmacy students internationally.

NAPSA was also recently at the Pharmacy Connect Conference in Sydney over the weekend held by the Pharmacy Guild of Australia. The conference saw the whole Board in attendance and we had the opportunity to meet with the Pharmacy Guild to discuss exciting improvements and future initiatives. This weekend also saw us launch our annual National Pharmacy Student Survey (NPSS), which also allows you to go in the draw to win a 2019 AMH so click on the following [link](#) to have your say! The Conference also held the Pharmacy Student Business Plan Competition finals and a massive congratulations to the team for University of Technology Sydney for taking out first prize, as well as the runners up from University of Otago (New Zealand) and University of Sydney.

President's Report

NAPSA also recently announced the election of new Chairs and would like to extend our congratulations to:

Stephanie Samios (QPSA) - IPSF Chair

Erin Cooper (OPSA) - Publications Chair

Antoni Ukalović (WAPSA) - Pharmacy Awareness Chair

Cathryn Carlisle (QPSA) - Rural and Indigenous Chair

Sophie De Rota (CaSPA) - Alumni Chair

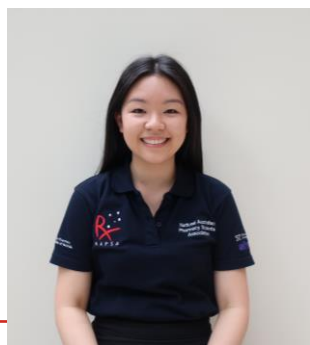
A huge thank you to the outgoing Chairs for their immense contribution to NAPSA and their personal achievements in each position. I look forward to working with the complete NAPSA Committee to achieve our goals for this term in providing for our members.

The annual NAPSA Blood Drive is in full swing and only has a few days left so if you haven't yet booked an appointment at your local Red Cross Blood Donation Centre it's not too late! Every blood donation can save 3 lives and it only takes an hour of your time to be a bloody legend!

Applications for NAPSA Congress 2019 are already open and it will be an exciting week in January with a wide range of networking, educational and social events planned. Delegates will have the opportunity to meet with like-minded students from 18 universities across Australian and even New Zealand from the 22nd to 20th of January in Adelaide.

I very much look forward to my 12 months ahead as President, I'm sure it will be an extremely exciting time and I can't wait to see everyone face to face at Congress in January!

Jess Hsiao
National President
president@napsa.org.au



GUAPS – Gold Coast Relay for Life

By the age of 85, 1 in 2 Australians will be diagnosed with cancer. It does not discriminate on ethnicity, gender or sexuality, and remains one of the biggest killers in Australia. Cancer is a cruel and malicious disease that as the future healthcare professionals of Australia, we will no doubt see more of.

But here at GUAPS, we have hope. Hope for our loved ones, Hope for the future and Hope for a cure. That's why each year GUAPS participates in the Gold Coast Relay For Life, an event aimed at raising awareness around cancer, and raising much needed funds to fuel lifesaving services and research. Relay for life Culminates in an 18-hour relay running through the night. The event is a way to celebrate the hard work of all the relay participants, support those who are affected by cancer, and remember those who have lost their fight. It's a truly special event, and something I believe everyone should experience.

This year we have been lucky enough to have both our vice president (Céline Dhieux) and Pharmacy Awareness chair (Sammi West) on the GC Relay For Life organising committee. Both have been incredible in organising fundraising events both in and out of University, especially Sammi who has led our GUAPS Team for the past two years.

Over the past few months we have run a number of events including barbeques, bake sales and merchandise stalls. Together with the help of our committee and supporters we have raised more than \$3500, smashing our target of \$2000. Currently we are the top fundraising team in the Gold Coast Relay, and we have no plans of slowing down!

Relay For Life is held all across Australia, so if you want to find a team or even start your own, then just head to the [Relay For Life Website](#) and search for your local Relay.

Cancer doesn't rest, so neither should we!
Nicholas Rosser
GUAPS President

Two Scholarships @ \$2500 each

**Are available to any pharmacy student at
any University in Australia**

Are you interested?

**If so, apply by requesting the application
criteria with an email to**

hodgsong@bigpond.com or to peteror37@bigpond.com

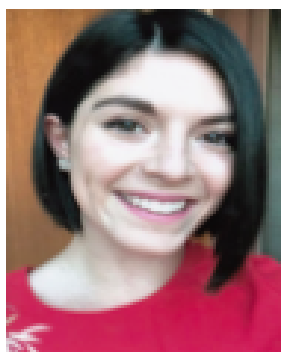
**Applications open 1st September and close on
Monday 29th October 2018**

**The scholarships are provided by PHARMACY CRICKET
with the generous support of our sponsors.**

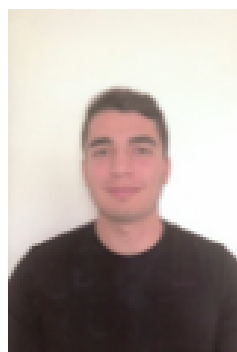
(There is no requirement to have any interest or involvement with cricket to apply)

Visit our web site at www.pharmacycricket.com.au

Last season's winners



Alicia Martin



Jacob Boutros



Pharmacy Cricket



JCUPSA Update

It has definitely been a busy start of the semester for everyone here at JCUPSA! Our AGM in May saw the election of a new committee, with students from all year levels attending to enjoy free pizza and have their say about the future of JCUPSA. The new committee was eager to begin, and ideas for the upcoming semester were put to action.

We began Semester Two with a welcome back picnic and a barbeque, both of which allowed students from all year levels to connect and enjoy some down time from classes. Our next major event was the annual JCUPSA Pharmacy Ball, held on the 18th August at the Hotel Grand Chancellor. To create some extra hype for this already much anticipated event, we set about producing a promotional video involving our Vice President, the Townsville CBD and a pair of thongs. The video was a massive success, reaching many university students as well as the general public (while also managing to surpass the number of views, shares and comments of a similar video produced by our medical student association), and is available now to watch on our Facebook Page. Pharmacy Ball itself was also a big hit amongst students, allowing everyone to let their hair down and enjoy a great night out.

Throughout the semester we have also held several fundraising events, including barbeques and a bake sale for Daffodil Day. Many committee members and students have also contributed to the NAPSA Blood Drive, with convenient access to the blood donation centre just across the road from Uni making donating a breeze.

We also have plenty of exciting events coming up for the rest of the semester, including a bush medicines workshop with a local indigenous educator, collaborative pub crawl with other health science students, a rural health centred multidisciplinary clinical skills night, more promotional videos and visits to local schools to promote our wonderful degree. Keep an eye on our social media for all the exciting updates!

On behalf of everyone here at JCUPSA, I wish everyone a stress free and successful Semester Two.

Chris Simpson

Publications Chair



Alicia Martin, a 4th year pharmacy student at the University of Canberra, undertook a rural/remote placement in Young (New South Wales);

“I recently completed a 2-week rural placement at a hospital in Young, NSW, which is a few hours away from Canberra. I really enjoyed this experience and would highly recommend rural placement to all pharmacy students. The hospital I was at was very small, with only 27 beds and 1 pharmacist on each day. This meant that I got 100% attention from my preceptor and was able to experience every part of the hospital pharmacist role, something you just can't get in a large busy hospital. I stayed in a beautiful little granny flat in the backyard of a friendly older couple who made me feel very welcome and comfortable for the two weeks I was there. I was just a few minutes away from the hospital, so I could walk to placement on nice days. On my free afternoons I explored the town, did some shopping and found a beautiful Chinese Garden to walk around. While you're on a rural placement definitely see what the town has to offer, ask your preceptor if you want some advice on great things to do.

Rural Spotlight – Young NSW

A major barrier to completing a rural placement for me is that I play several sports over the weekend including first grade hockey. So, by doing placement in a town close-by I could travel back over the weekend for sport and to see my family. You might be surprised at how close a rural town could be, so if distance is a concern I would encourage you to look for rural locations closer to home!”

If you are interested in learning more about rural placement, you can find more information at <http://www.napsa.org.au/page.jsp?p=Community-Pharmacy> or email rural.indigenous@napsa.org.au if you have any questions or would like to chat about rural pharmacy.



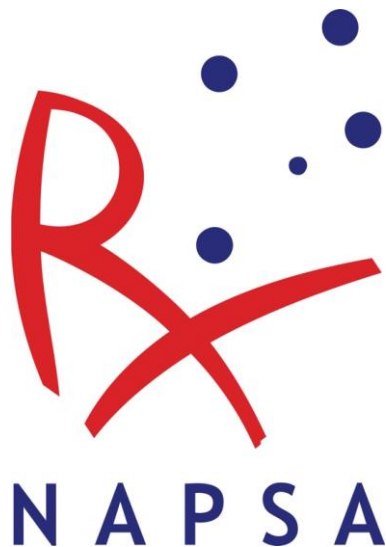
Pre-Election Gala Dinner with the Pharmacy Guild of Australia

On the 14th of August, NAPSA was invited by The Pharmacy Guild of Australia to attend the Pre-Election Gala Dinner. This prestigious event was attended by the Victorian Premier Daniel Andrews and all Cabinet Ministers.

Jessica Hsiao and Stephanie Salvatore represented NAPSA at the event and it was here that they met with Anthony Tassone (The Pharmacy Guild of Australia, Victorian Branch President) and Alan Crosswaithe (The Pharmacy Guild of Australia, Victorian Branch Director) during the evening. Their table was hosted by Jill Hennessy the Victorian Health Minister.

It was a highly enjoyable and informative evening which provided a platform to network and engage with leaders within our industry all share a common interest, to achieve better health outcomes for Victorians. It was an invaluable evening that provided a unique insight into the strong connections the Pharmacy Industry has with the Government. The Pharmacy Industry appears to be well supported by the Victorian Government which gives Pharmacy Students a prosperous and positive future ahead.





HAVE YOU HAD YOUR SAY?

HAVE YOUR SAY! The National Pharmacy Students' Survey (NPSS) is open for students to provide their views on a range of topics spanning the pharmacy curriculum, rural placements to future employment. The survey will close December 14th 2018.

Why is this survey important?

This survey allows NAPSA to gather important data to identify any issues, queries or concerns amongst students, and use this to implement positive change for pharmacy students. This year, NAPSA are hoping to publish the results of the NPSS survey.

How are my answers used?

Following the NPSS, NAPSA utilises the data to develop policies and position statements that reflect the views of our members, and to provide services that are requested to help our members. Additionally, all decision-making will be governed by the results of this survey.

What are the benefits of filling out this survey?

By filling out this survey, you will go in the draw to WIN A 2019 Australian Medicines Handbook (AMH)!

To fill out this survey visit

<https://goo.gl/forms/FRciN5SUANh8Wxdh1>

Or scan the QR code above!



The graphic features a purple background with a central arrangement of grey hexagons. Two hexagons contain photos of women, while others contain icons: an open book, a handshake, and a graduation cap. Below this is the program title and a list of benefits.

PSA Intern Training Program

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 **Pharmaceutical Society of Australia**

Applications are open online 24/7, 365 days per year at www.psa.org.au/intern

For more information about the Pharmaceutical Society of Australia's Intern Training Program visit their website by following the link below!

www.psa.org.au/intern

PSA's Upcoming Education Events

September 2018

Australian Capital Territory

- 18 Dementia Friendly Workshop
- 25 Connect Me: Speed Mentoring

New South Wales

- 09 Deprescribing for an Ageing Population - Moruya
- 11 Deprescribing for an Ageing Population – Concord West
- 11 Deprescribing for an Ageing Population – Mount Pritchard
- 11 Deprescribing for an Ageing Population – Dee Why
- 11 Deprescribing for an Ageing Population - Greenacre
- 12 Deprescribing for an Ageing Population - Dubbo
- 12 Deprescribing for an Ageing Population – Baulkham Hills
- 12 Deprescribing for an Ageing Population – North Sydney
- 13 Deprescribing for an Ageing Population - Orange
- 16 HLTAID003 Providing First Aid – South Hurstville
- 16 HLTAID001 Providing CPR – South Hurstville
- 16 Mental Health First Aid – Coffs Harbour
- 18 Deprescribing for an Ageing Population - Randwick
- 18 Deprescribing for an Ageing Population - Kogarah
- 18-19 PSA Intern Training 2018 Workshop 2 – Sydney C
- 19 Deprescribing for an Ageing Population – Ballina
- 23 Clinical Update – Wagga Wagga
- 25 Medications & Oral Health NHPVA – Newcastle
- 26 Medications & Oral Health - Wollongong

Queensland

- 06-07 PSA ITP 2018 Start of Year Intake Workshop Two - Herston
- 10 Medications in Pregnancy and Breastfeeding - Interactive Workshop – Brisbane
- 12 Medications in Pregnancy and Breastfeeding - Interactive Workshop – Rockhampton
- 17 Medications in Pregnancy and Breastfeeding - Interactive Workshop – Gold Coast
- 24 PSA Immunisation Training Program for Pharmacists - Townsville
- 24 PSA Immunisation Refresher Workshop - Townsville
- 24 CPD Planning Tool Workshop – West End
- 26 Medications in Pregnancy and Breastfeeding - Interactive Workshop – Townsville

Victoria

- 09 PSA Immunisation Training Program – Parkville
- 09 Best Practice Smoking Cessation for Pharmacists - Ballarat
- 16 Best Practice Smoking Cessation for Pharmacists
- 17 Pharmacy Practice Forum – Legal and Ethical Dilemmas - Parkville
- 22-23 Mental Health First Aid – Parkville
- 23 COPD: Checking In With Your Patient's Lungs - Wangaratta
- 24 APSIG September: Emergency Care and Prevention - Parkville
- 26 CPD Planning Tool (Webinar)

PSA's Upcoming Education Events

Tasmania

20 Medications in Pregnancy and Breastfeeding – Launceston

Western Australia

06 My Health Record and the Pharmacist APSIG - Subiaco

18 CPD Planning Tool Workshop - Subiaco

20 Aboriginal Cultural Mindfulness – PSA/SHPA Joint Event – Wembley

South Australia

22 Breastfeeding & Infant Nutrition – Unley

October 2018

Australian Capital Territory

07 Deprescribing for an Ageing Population

New South Wales

16 Medications & Oral Health CCPA – Gosford

17 ECP Journal Club 1: Breaking it Down – North Sydney

21 PSA Immunisation Training Program for Pharmacists – Canley Vale

21 PSA Immunisation Practical Refresher Workshop – Canley Vale

24-25 PSA Intern Training 2018/19 Workshop – North Sydney

27 HLTAID003 Provide First Aid - Parramatta

27 HLTAID001 Provide CPR Refresher - Parramatta

31 ECP Journal Club 2: Applying Your Knowledge – North Sydney

Queensland

10 Deprescribing for an Ageing Population – Cairns

20 Queensland Annual Therapeutic Update - Brisbane

Victoria

02 ML With Peers: The Future of Addiction and Pharmacy – Parkville

08 HLTAIDD003 Provide First Aid – Parkville

08 HLTAID001 Provide CPR Refresher – Parkville

14 Victorian Opioid Pharmacotherapy Program - Warragul

22 APSIG October: Pharmacists Improving Outcomes in Rheumatology - Parkville

24 Pharmacist Administered Immunisation Service 101 - Warrnambool

27 PSA Pharmacist Immunisation Training Program - Parkville

30 Victorian Opioid Pharmacotherapy Part 2 (Webinar)

Northern Territory

07 PSA/SHPA Collaborative Alice Springs CPS Seminar – Alice Springs

Western Australia

09 Medications in Pregnancy and Breastfeeding - Subiaco

10 Medications in Pregnancy and Breastfeeding - Bunbury

23 Medications in Pregnancy and Breastfeeding - Albany

31 Medications in Pregnancy and Breastfeeding – Geraldton

South Australia

16 Palliative Care Seminar - Unley