

NATIONAL AUSTRALIAN
PHARMACY
STUDENTS'
ASSOCIATION



What's Inside

President's Report	1-2
NAPSA Congress Sydney 2018	3-5
NAPSA Alumni Networking at Congress '18	
GUILDESuper	7
CaSPA Update	
The Guild – National Business Plan	
PSA- Intern Training Program	9-10
Rural Spotlight	11
JCUPSA O-Week Fun	12
Charity Cup – The Fullife Foundation	
PSA Education Events	



Principal Sponsor:



The Pharmacy Guild of Australia

Proudly Sponsored by























President's Report

Dear fellow NAPSA members,

Welcome to 2018! For some of you, your year has already been filled with new and exciting opportunities, especially if you attended our annual Congress in January, held at the University of Sydney. I'd like to once again thank Congress Organising Chair, Melissa Faehrmann and the Sydney Congress Organising Committee for their hard work and dedication towards what was a fantastic week.

After time to recover, I hope you all have seized the opportunities provided to you and are ready to take on the next stages of your pharmacy career, passionate and inspired.

During the week we were addressed by so many, with wise words and inspiration from Michael Nunan to Tofe Evans and Shane Jackson. Elise Apolloni, Natasha Jovanoska and Emma McBride, sat on our very first panel and made us ponder our future, discussing pharmacy at the present and what we want it to be like in the years to come. We took interdisciplinary collaboration to the next level with Physiotherapist Mark Alexander showing us how our professions can collide. We were also grateful to gain insight into so many personal stories, such as Kate Fitzsimons'. All of which had the aim to teach us about the wider scope of health, how our future responsibilities as pharmacists are broad and our significant role in the community. Amongst the education there was also plenty of networking, with our very first Congress Alumni Networking evening bringing past and present NAPSA members together. We also raised just under \$15,00 at our annual congress charity Bachelor/Bachelorette auction! All the funds raised are going towards the hard work of the White Cloud foundation, an organisation who focus on creating opportunities for people living with depression. NAPSA is proud to be supporting such an important cause, as NAPSA is extremely passionate about mental health.

NAPSA Congress 2018 also brought an abundance of launches, with our NAPSA/SHPA symposium announced, our NAPSA connect platform for research, the official launch of our "The Pharmacy Students' Guide to Becoming a Pharmacist" handbook and our NEW and improved website!



President's Report

It's evident that it has been a great start to the year and there's so much more to come! Charity Cup is just around the corner, with each University battling it out to raise awareness and funds towards our charity for this year! Continue reading this month's ePlacebo to find out who we chose to support. Charity Cup will run from the 2nd April to the 1st of June.

The Australian Pharmacy Professional Conference (APP) registrations have already opened, so make sure you secure your tickets to the largest conference and trade show in the country! Held on the Gold Coast, this year it will be running from the 3rd May to the 6th May. If you needed another great reason to attend, NAPSA will be holding our Alumni Networking Evening at APP for the second year, so watch this space for more information about the event. I hope to see you there!

As we head back to University, whether it is your first or last year, I hope you put your hand up at your local branch committee elections, it is an amazing opportunity to become involved and a stepping stone to a National scale involvement with NAPSA. So, continue to show up, be involved and challenge yourself, because "great things never came from comfort zones."



Sandra Minas
National President
president@napsa.org.au

NAPSA Congress Sydney 2018



NAPSA Congress returned to the most beautiful university in Australia after an entire decade from 23rd to 29th January, 2018!! The congress brought together two hundred and eighty enthusiastic and social pharmacy students, including 8 students from New Zealand and 1 from Thailand!

The education program exposed the student delegates to a large variety of topics. Highlights of the program included hearing from the Honourable Emma McBride, who is the Federal Member of Parliament for Dobell, an ex-SUPA President and studied Pharmacy at the University of Sydney. She joined Elise Apolloni, co-owner of the 2017 Professional Services Pharmacy of the Year (Capital Chemist Wanniassa), and Natasha Jovanoska on the MIMS Future of Pharmacy Panel which saw student delegates engage in discussions around the expanding role of pharmacists in years to come. To read more about this panel, head to https://ajp.com.au/news/a-fair-wage/ for the AJPs coverage.

Mark Alexander is a sports physiotherapist who has worked for the Australian Olympic team. He is the owner of Bak Physio Pty Ltd, an award-winning medical device company. Mark is seemingly a part-time comedian who entertained everyone while teaching about back and neck care and pain management/prevention techniques that we can share with our patients. Another highlight of the education events was hearing from Kate Fitzsimons, a motivational speaker, certified life coach and director of the Nicole Fitzsimons Foundation. She presented on behalf of this Charity that raises









NAPSA Congress Sydney 2018

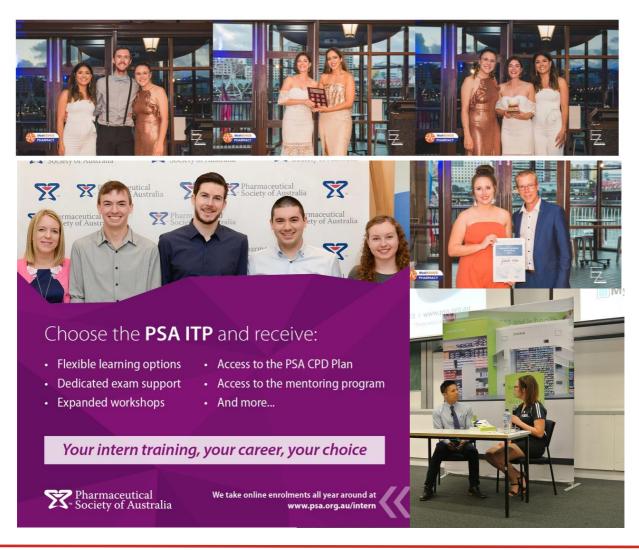
The 2018 keynote speaker, Tofe Evans, inspired and motivated the audience as he closed the congress by sharing his exceptional experiences regarding elite marathon running, resilience and a battle with mental illness.

The Sydney NAPSA Congress Tradeshow was the first of it's kind. The Trade Hall was the largest national pharmacy student tradeshow ever run. It provided a great opportunity for pharmacy students to speak to representatives from all areas of pharmacy industries.

In true NAPSA style, 280 students took Sydney by storm each night of Congress. Students had the chance to socialise and network with like-minded pharmacy students. We kick-started the week with a sunset cruise on Sydney Harbour. The annual NAPSA Congress Pub Crawl, Battle Night and Gala Ball were brilliant events. Photos from these events can be found on the official "NAPSA Congress Sydney 2018" Facebook page.

NAPSA were proud to present the second Alumni Networking event, in conjunction with NAPSA Congress. Please contact with Matthew Perry if you would like more information on the NAPSA Alumni.

The 2018 NAPSA Congress saw the annual NAPSA Wildcard Pharmacy Student of the Year (PSOTY) Competition. We would like to congratulate the Wildcard Winner, Gabrielle Wilson from Bendigo Association of Pharmacy Students, who will go to compete in the National PSOTY Finals at PSA18.





NAPSA Congress Sydney 2018

The unity and team spirit of all of the university branches saw a brilliant effort in raising \$15,000 for the 2018 NAPSA Congress Charity, The White Cloud Foundation (WCF). WCF is a mental health, not-for-profit organisation that improves access to early intervention services for Australians with depression, PTSD or Perinatal Depression (PND) by implementing evidence-based research and multi-disciplinary services.

he much anticipated Les Cashen Trophy, for the Best Branch, was presented to the Canberra Student Pharmacy Association (CaSPA). The Gala Ball saw the Spirit of Congress Award, for best newcomer, be presented to John Culhane from CaSPA. The Young Blood Award for the best results in the Health Students Blood Challenge 2017 was also presented to CaSPA.







The annual NAPSA Congress would not be made possible without the efforts of the Organising Committee from the host university. Please send a warm thankyou to all of those involved in organising and putting on all events involved. In particular, I would like to acknowledge Lily Pham, Evie Armstrong-Gordon and Jennifer Ly for their hard work and dedication in the lead up to and during the week of NAPSA Congress Sydney.

The NAPSA Congress Sponsors contribute towards an invaluable week of education and networking for pharmacy students all across Australia. It brings excitement, passion and motivation to the young students each year. It is a pleasure to acknowledge the Platinum Sponsors (The Pharmaceutical Society of Australia and The Pharmacy Guild of Australia), the Gold Sponsors (Mylan and BakPhysio) and the Silver Sponsors (Smith & Nephew and PDL) for contributing to the highlight of NAPSA's Calendar, NAPSA Congress Sydney 2018.









NAPSA Alumni Networking at Congress 18'

On the 27th of January at the recent NAPSA Congress in Sydney, Alumni enjoyed an evening of socialising at the Strawberry Hills Hotel in Surrey Hills.

Alumni from all over Australia connected at what I hope to be a regular fixture in the NAPSA Congress calendar from now on. The evening could not have run any smoother. Friends of old were reunited and the leaders of pharmacy today networked with our leaders of tomorrow.

Tim Roberts, The Pharmacy Guild of Australia National Manager of the Guild Intern Training Program and a member of the NAPSA Alumni Steering Committee, said "the event was a great opportunity for experienced pharmacists to meet and share their pharmacy career journey with students, interns and early career pharmacists. Also, a great chance to catch up with colleagues and friends in a relaxed social environment."

Of the distinguished attendees, we were fortunate to have Catherine Bronger, former NAPSA Vice-President from the 2004/2005 term, attend as well. Speaking to Catherine post the evening she described it as "A great pleasure in attending the inaugural NAPSA Alumni Networking event where I met many of the recent NAPSA leaders who do well in representing pharmacy students across the nation. It has certainly been my experience that the personal network I created in my student years through NAPSA, now fifteen years on, are moving into powerful positions across the pharmacy sector. The real key for NAPSA is to work out how to unlock this dormant power base and extend the influence of NAPSA beyond the university years." Catherine summed up speaking after the evening.

The next Alumni event will be held at APP so watch this space for some interesting developments!!





Guild Super quits smoking to deliver healthier outcomes for its members

GuildSuper has moved further on responsible and ethical investment with the announcement that it has recently stopped investing in shares of companies that manufacture tobacco.

Despite having less than one per cent invested in tobacco manufacturers, GuildSuper has decided to stop investing in these funds altogether.

GuildSuper doesn't want to be involved with this industry which causes damage to our health, society and the economy.

Thousands of families are dealing with sickness and loss due to tobacco and its effects. So, in divesting from tobacco, we hope to do our part to make a positive difference to this important social issue.

Also, as a fund associated with healthcare, the move to divest is in line with the values of our members.

And, in even more good news, responsible investment funds (funds that invest in sectors such as healthcare and avoid those involved with tobacco) are largely outperforming their average mainstream counterparts year-on-year*.

A new partnership with Tobacco Free Portfolios

Following its divestment from tobacco, GuildSuper has become a partner of Tobacco Free Portfolios. This world-wide group, supported by the World Health Organisation, aims to raise awareness and advance tobacco free investment as part of its public health campaign.

The Tobacco Free Portfolio logo will appear on the GuildSuper website and other communications going forward.



If you would like to find out more about what it means to be tobacco free there's an interesting article and video on our website.

If you would like to know more about GuildSuper investments, please refer to the <u>Product</u> Disclosure Statement and Investment Guide on our website.

*ABC News:

http://www.abc.net.au/news/2017-07-25/ethical-investment-funds-outperforming-mainstream-counterparts/8742104



CaSPA Update

We had the best time at the 2018 NAPSA Congress in Sydney and couldn't be happier to have brought the one and only Les back to Canberra for the first time ever!

CaSPA are back at uni and have got some big plans for the year! During O-week we met all the new pharmacy students and can't wait to see them at all our events. We'll be welcoming new and old students at our Welcome Back Barefoot Bowls event, then jumping straight into some professional networking with our Meet the Profession evening the following week which will see representatives from a range of professional organisations including the Guild, PSA, SHPA, TGA, Raven's Recruitment and more! Plans for our Annual CaSPA ball are well and truly underway and we'd like to invite all our pharmily members from across

Australia to attend on Friday the 6th of April!

This O-week we ran a jelly bean guessing competition using the finest glucogels we all know and love But on top of this also we ran a competition for one lucky member to WIN a 2018 AMH thanks to Memorise Medicine! CONGRATULATIONS to Coshala Jeevan who was the lucky winner!

xoxo CaSPA love

Alicia (Prez)





PSA – Intern Training Program

Your intern training, your career, your choice!

The PSA Intern Training Program is an evidence-based, high quality program that will prepare you for any pharmacy career as a competent and 'work ready' pharmacist.

The PSA Intern Training Program has been delivered nationally in all states and territories for more than 20 years. Our highly experienced team will provide you with tailored support and contemporary intern training that delivers a strong blend of practical, clinical, and managerial knowledge and skills.

The program is delivered by the peak body for all Australian pharmacists, PSA, and is underpinned by the current Competency Standards Framework for Pharmacists in Australia, legislation, Pharmacy Board of Australia and PSA codes, standards and guidelines.

Receive tailored intern training and support for any career pathway you wish to pursue – whether in hospital pharmacy, community pharmacy, residential care, general practice, industry, government, academia and more.

At completion of your training you will gain credits towards other nationally recognised qualifications including:

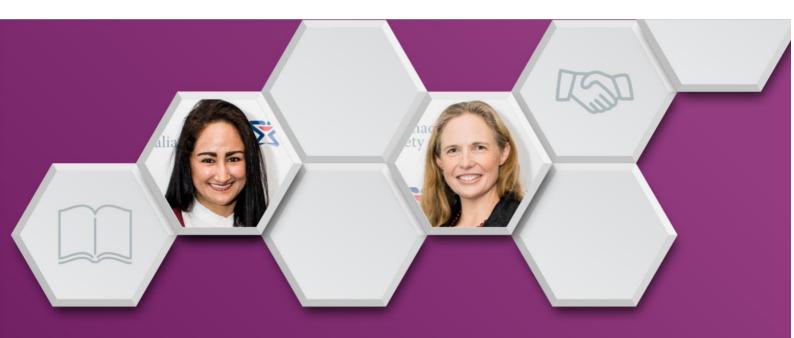
- Diploma of Leadership and Management (BSB51915)
- Graduate Diploma of Applied Pharmacy Practice (10373NAT)
- Master of Business Administration and other diploma courses through our Chifley Business School partnership.

Remember that the Pharmacy Board of Australia has highlighted that it is your choice which intern training program you undertake.

You can enrol in The PSA Intern Training Program in 5 easy steps, online at anytime, 24/7, 365 days per year

"As an intern, the PSA Intern Training Program supported my transition to a registered pharmacist through the delivery of an extremely innovative and





PSA Intern Training Program

Choose the Intern Training Program with a proven formula for success

- Flexible learning options
- Dedicated exam support
- Expanded support

- Access to PSA's CPD Planning Tool
- Finish with a Graduate Certificate in Applied Pharmacy Practice
- And much more...

Your intern training, your career, your choice



Applications are open online 24/7, 365 days per year at www.psa.org.au/intern



Rural Spotlight

Maryann Douglas, a 4th year pharmacy student at the University of New England NSW, undertook a rural/remote placement in the Kimberley Region (Western Australia);

"Myself and two colleagues Kate and Dan completed our placement over in the Kimberley region of Western Australia in the towns of Broome, Derby and Fitzroy Crossing for a total of four weeks.

The entire Kimberley region covers 423 517km² at the top of Western Australia and has an approximate population of 50 000 people with a significant aboriginal population. We were able to gain experience in both community and hospital pharmacies as well as aboriginal health service facilities, retirement home, women's shelter and aboriginal communities. In the community pharmacy setting we participated in over the counter and dispensary duties and the packaging of dose administration aids. In the hospital setting we participated in ward rounds, medication reconciliations and observed in theatre.

Outside of work there was so much to do we rode camels on cable beach, visited a pearl farm, Matso's Brewery, explored Windjana Gorge and Tunnel Creek and enjoyed numerous beautiful Broome sunsets.

Growing up on cane farms and cattle stations I love the rural lifestyle and small communities and it was nice to go back to a rural and remote area and be able to make a difference in the community even if it was only for a short while. I really enjoyed the cultural aspect of this placement and learnt so much not only on medications, and unique medical conditions such as Hansen's Disease that are present in this area but also the people and the issues they face. I will treasure my beautiful carved boab nut and painting done by two of my patients. It was such a well-rounded placement with enthusiastic supervising pharmacists. Not working in pharmacy at present it was a wonderful opportunity to see the many options that exist in the pharmacy world."







JCUPSA O-Week Fun!

A very warm welcome back to uni from JCUPSA! While we have all been sweating like crazy in the heat over the summer, we have also had a lot of exciting things happening already this semester.

During Orientation Week, we held our Pharmacy Student of the Year competition where several students counselled about conjunctivitis. Our two PSOTY finalists were Scott Simmons and Madeleine Lowe who will be headed to Brisbane to compete at the state level in the next few months. Market Day, during Orientation week, got pretty toasty with temperatures reaching 35 degrees Celsius with 83% humidity. Luckily, we were well stocked with Hydralyte and a neighboring booth hooked us up with some Zooper Doopers. We had a short pharmacy history and facts quiz for visitors to our booth to attempt to win a bucket hat, which was so tricky that no one got 10/10 on it!

We also had the privilege of having Cory Baker and Emily Quast, Pharm D candidates from Buffalo, NY, USA at D'Youville School of Pharmacy come present to the JCU pharmacy students and staff regarding their rural pharmacy experience in Mount Isa, Queensland.

While in Mount Isa, Cory and Emily conducted medication management reviews, drug use evaluations and gave a presentation to staff at aged care setting. They participated in a community outreach program "chilling in the park" which aims to promote healthy lifestyle to the community. They also spent time at Gidgee Healing, an aboriginal community controlled Health service in the region. Part of Cory and Emily's time was in Boulia, Queensland where they aided at Boulia

Primary Health Care Centre and gave a presentation about germs to a state school in the area. They also invited JCU students to seize the opportunity to undergo placement in Buffalo, NY during third or fourth year.



Charity Cup 2018 – Fullife Foundation

Charity Cup is fast approaching and NAPSA is very excited to see where this campaign will take us this year! In 2018, NAPSA pharmacy school branches are proudly supporting Fullife Foundation and raising much needed funds from the 2nd of April until the 1st of June.

This worthy charity was established to improve the health of women and children in Africa, particularly in Ethiopia. The founder and director of Fullife Foundation, Ian Shanks, is also an Australian pharmacist and who works in Victoria. He travels to Ethiopia each year donating the raised funds to the poorest regions. They require our support for many upcoming projects such as birthing kits donations, immunisation courses, educational materials and even a health post building project, all for the benefit of women and their children in Ethiopia.

NAPSA spoke with Ian Shanks about their decision to support his worthy charity, to which he responded, "We really appreciate the opportunity to work with NAPSA, and we will do all we can to ensure this year's NAPSA Charity Cup is the best ever!"

NAPSA Pharmacy Awareness Chair, Stephanie Samios, has worked in conjunction with each pharmacy school to ensure adequate organisation and preparation for the most successful Charity Cup to date. "I have been hearing such positive things from our pharmacy school Presidents and their pharmacy awareness representatives about Fullife Foundation and their ideas for fundraising this year. Passion, dedication and enthusiasm are all being displayed in full force in preparation for Charity Cup. I am so excited to support a group of pharmacy branches who are immersing themselves in this campaign and the selfless act of improving or even saving the lives of those in need," said Ms Samios.

A NAPSA Everyday Hero Page has been launched, and NAPSA Pharmacy School branches will be joining the Charity Cup team in the coming weeks. Chocolate drives, Cocktail nights, Barbeques and Bake sales are only some of the events branches are in the midst of organising in time for Charity Cup commencement.

Ms. Samios has set the goal at \$31,000+ to surpass last years donation total and increase the total end donation to Fullife Foundation. "I hope that we can raise even more than last years target for Charity Cup, but also to witness a phenomenal student involvement in the campaign to support and promote the work of Fullife Foundation. Every dollar counts, and with \$3 providing a sanitary birthing kit to a mother in Ethiopia to prevent disease or infection, this is a charity that everyone in Australia should support."



Charity Cup 2018 – Fullife Foundation

National President, Sandra Minas, is equally excited to be fundraising for Fullife Foundation. "We are proud to be supporting such an amazing cause, aiming to create an impact in the lives of women and children. It is also inspiring that the founder and director of Fullife, Ian Shanks, is an Australian Pharmacist, showing our members that we truly have no limits in our pharmacy profession. I am so excited to see how each branch across Australia will come together once again to truly make a difference"

NAPSA hopes that everyone in Australia can get involved and get excited about this amazing Charity and the work that they do to save the lives of people in Ethiopia. NAPSA encourages pharmacy students, pharmacists and anyone who would like to support Fullife Foundation, to donate to the Everyday Hero donation page linked below.

"Charity Cup is not just about which pharmacy branch can raise the most money, but also a time where each pharmacy school comes together to represent NAPSA and partake in a Charity Campaign that has the potential to save lives and promote a worthy charity.

We are not only future pharmacists, but also play a strong role in the future of health."

https://give.everydayhero.com/au/napsa-charity-cup-2018-fullife-foundation





PSA's Upcoming Education Events

March 2018

New South Wales

- 11 Drug and Alcohol Forum Hunter Valley
- 16 Annual Therapeutic Update Blue Mountains
- 21 Preparing for PrEP on the PBS ACON
- 24 Provide CPR South Hurtsville
- 24 Provide First Aid South Hurtsville
- 25 Biological Therapy and Dermatology Interactive Workshop Broken Hill
- 27 Preparing for PrEP on the PBS NSW PSA Office

Queensland

- 06 Workshop; Screening for problem Gambling Brisbane
- 09 Immunisation Training Program for Pharmacists QLD PSA Office
- 10 Mental Health First Aid QLD PSA Office
- 13 Immunisation Training Program for Pharmacists QLD PSA Office
- 15 Immunisation Training Program for Pharmacists Maroochydore
- 20 Immunisation Training Program for Pharmacists Mt Gravatt
- 22 My Health Record in Pharmacy Gold Coast
- 28 Immunisation Training Program for Pharmacists QLD PSA Office

South Australia

- 18 Careers and Networking 2018 UniSA Brookman Hall
- 21 Immunisation Training Program for Pharmacists PSA SA Office
- 25 Immunisation Training Program for Pharmacists PSA SA Office

Victoria

- 18 Provide First Aid Workshop Mildura
- 18 Victorian Pharmacist Immunisation Training Program PSA Boardroom VIC
- 22 Horsham: Pharmacist Administered Immunisation Service 101
- 25 Victorian Pharmacist Immunisation Training Program PSA Boardroom VIC
- 26 Parkville: APSIG; Epilepsy in Older Patients Cossar Hall

Tasmania

- 08 My Health Record in Pharmacy Launceston
- 15 Glaucoma Awareness Law Lecture Theatre 226

Western Australia

- 14 Neuropathic Pain: Effective Diagnosis and Management PSA WA Conference Room
- 20 Immunisation Training Program for Pharmacists PSA WA Conference Room



PSA's Upcoming Education Events

April 2018

Australian Capital Territory

28 My health Record in Pharmacy - PSA National Office

New South Wales

- 07 PSA Immunisation Training Program for Pharmacists PSA NSW Office
- 08 Clinical Update Port Macquarie
- 08 Provide CPR Newcastle
- 08 provide CPR West Ryde
- 08 Provide First Aid Newcastle
- 08 Provide First Aid West Ryde
- 08 Immunisation Practical Refresher Workshop Orange
- 09 My Health Record in Pharmacy Orange
- 23 Preventing, Assessing and Managing Skin Tears Gosford
- 29 Immunisation Training Program for Pharmacists Newcatsle

Queensland

- 05 Immunisation Training Program for Pharmacists PACE Building
- 10 Immunisation Training Program for Pharmacists PACE Building
- 12 Immunisation Training Program for Pharmacists PACE Building
- 18 Immunisation Training Program for Pharmacists JCU
- 18 Preparing for PrEP on the PBS Queensland Positive People
- 28 CPR & Immunisation Refresher Training Colwill place
- 30 Immunisation Training Program for Pharmacists TBC

South Australia

- 15 Immunisation Training Program for Pharmacists PSA SA Office
- 29 Immunisation Training Program for Pharmacists PSA SA Office

Tasmania

08 Immunisation Training Program for Pharmacists - Launceston

Victoria

- 03 Monthly Learning with Peers Parkville
- 07 Victorian Pharmacist Immunisation Training Program PSA Boardroom VIC
- 11 Victorian Aids Council (VAC); Preparing for PrEP on the PBS VAC Level 5
- 17 Preparing for PrEP on the PBS Parkville
- 22 Victorian Pharmacist Immunisation Training Program PSA Boardroom VIC

Western Australia

- 09 Provide Advanced First Aid PSA WA Seminar Room
- 10 Provide Basic Emergency Life Support (CPR) PSA WA Seminar Room
- 16 Immunisation Program for Pharmacists PSA WA Seminar Room
- 17 Immunisation Program for Pharmacists PSA WA Seminar Room
- 18 Preparing for PrEP on the PBS PSA WA Conference Room

