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Edition



NATIONAL AUSTRALIAN  
PHARMACY  
STUDENTS'  
ASSOCIATION



Connecting Tomorrow's Pharmacists

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# President's Report

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Dear NAPSA members,

Congratulations to all those that have finished exams, we've made it through another year! A bigger congratulations to the graduates of 2018, I have no doubt that you will all be successful interns entering a rewarding profession. To all the newly registered pharmacists, you've finally made it through, and I wish you all the best in your future careers wherever pharmacy may take you!

As we say goodbye to 2018, we say hello to an exciting new 2019. Over the past month at NAPSA HQ, we've been working on providing you with greater opportunities and speaking up on what we want to see in the future. We responded to the Australian Pharmacy Council (APC) Review of Accreditation Standards consultation questions and attended the 2<sup>nd</sup> Emeritus Professor Lloyd Sansom, AO Distinguished Lecture Series in Canberra on the 26<sup>th</sup> of November. This year the speaker was Professor Debra Rowett who highlighted the importance of interprofessional communication in practice, policy and education to improve the patient journey and optimise the outcomes from medicines.

Despite the chaotic weather NAPSA was able to attend the annual Society of Hospital Pharmacists of Australia (SHPA) Medicines Management Conference in Brisbane on the 23-25<sup>th</sup> of November. A highlight from the conference was building on the success of our inaugural SHPA/NAPSA Student Symposium in July this year and we are happy to announce that the SHPA and NAPSA have made a joint decision to host another Student Symposium in Melbourne in July 2019!

NAPSA also attended the annual Pharmacy Guild Parliamentary Dinner and had the opportunity to listen to a variety of politicians on their support for the pharmacy profession, from the Greens leader Richard di Natale, Deputy Prime Minister Michael McCormack, Prime Minister Scott Morrison to the Opposition Leader Bill Shorten. NAPSA is working with the Guild on the Community Pharmacy 2025 strategic roadmap and we're excited to have a Community Pharmacy Career workshop stream at Congress in January 2019 (check out the Guild article in a couple of pages for more info).

# President's Report

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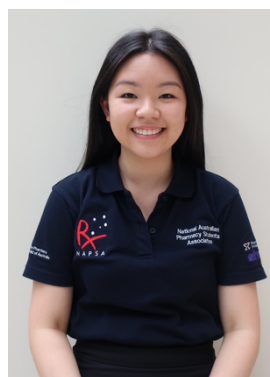
In Adelaide, NAPSA was invited to present to the Council of Pharmacy Schools and attended the APSA (Australasian Pharmaceutical Science Association) Pharmacy Trials Program Workshop presented by the Pharmacy Guild of Australia and Pharmaceutical Society of Australia.

On the topic of Adelaide, Congress is less than a month away and we are especially thrilled to bring you a variety of education topics and workshop sessions. To the delegates attending, you are in for a treat and for those unable to make it, follow along on our social media for some exciting announcements!

NAPSA's National Pharmacy Student Survey (NPSS) officially came to a close last week. This information provided by you is crucial to NAPSA so thank you to everyone who completed the survey, we appreciate your time and feedback. The results from this survey help us to identify any issues, queries or concerns amongst students and give us an opportunity to implement positive change. We are pleased to announce that the winner of the annual NPSS competition is Meaghan Green from Curtin University, who has won herself a copy of the 2019 AMH. Stay tuned for the release of results!

On behalf of the NASPA Board, I would like to wish you all a happy and safe holiday season. NAPSA is excited to show what is in store for you in 2019. But for now, let your hair down, relax and we'll see you in Adelaide for NAPSA Congress 2019!

Jess Hsiao  
National President  
[president@napsa.org.au](mailto:president@napsa.org.au)



*"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose." –Dr. Seuss*

# QPSA Semester 2 Sports Wrap Up

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Once again QPSA was involved in the University of Queensland Interfaculty Sports competition (UQIC) where students battle it out to see who the most athletic student organisation at UQ is. QPSA entered teams in netball, soccer and for the first time had a touch rugby league (TRL) team.

QPSA FC was our most successful team, tearing it up on the soccer fields. Beginning the season with a 3-0 win over the mechanical engineers. A draw with our fellow health practitioners in Medicine 1 followed before QPSA FC returned to their winning ways with a 4-0 dismantling of the ChESS 4 (Chemical engineers). Another draw against medicine 3 and a shocking 4-3 win against the electrical engineers. The regular season finished with a 1-0 loss against ChESS 1. Having made it to finals, sadly QPSA FC went down to a challenging physiotherapy side 3-1.

QPSA netball continued their solid form from 2017 against some very tough opposition. After starting the season with a strong 24-5 win over Psychology, our pool pitted us against the netball powerhouses Engineering barbarians and ChESS. Both of these teams clinically dismantled QPSA netball with one game having a 1:9 scoring ratio! Outside of these losses, QPSA netball were able to record solid wins against the speech pathologists and physiotherapy to finish the season. Unfortunately, QPSA Netball narrowly missed out on a finals spot.



# QPSA Semester 2 Sports Wrap Up

QPSA were excited to field a full team in the TRL competition after previously being part of a joint Pharmacy/Speech Pathology team and learned a lot over the season. Gathering a rag tag crew of misfits with varying levels of football experience, QPSA improved every week with a close 5-3 loss to UQ Racing. It was not until our last game of the season where QPSA TRL got their first win against GEMS-OOPS (Geography/Planning) with the match winning try scored by QPSA President Jessica Hawula.

The UQIC season ended with a Gala Day with a friendly round robin competition for QPSA FC and QPSA netball. Both teams made it to the semi-finals and enjoyed the fun atmosphere. A great way to celebrate the end of interfaculty sports. We are looking forward to participating in the competition next year and welcome interest from any QPSA members or alumni who wish to join QPSA sports.

Vivien Banks  
QPSA Publications Representative



# PSA Intern Training Program



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For more information about the Pharmaceutical Society of Australia's Intern Training Program visit their website by following the link below!

[www.psa.org.au/intern](http://www.psa.org.au/intern)

## 1. In a nutshell, what is Community Pharmacy 2025 (CP2025)?

CP2025 is the Guild's strategic vision and roadmap aimed at securing the future of community pharmacy to 2025 and beyond. The Guild believes that any future strategic plan for community pharmacy must be fully informed by data, key stakeholders including Guild members, pharmacists, pharmacy students and pharmacy assistants, rigorous market research with patients and widespread stakeholder consultations.

CP2025 has been informed by consumer, political, economic and regulatory key trends, facts, data; domestic and international analysis; health system analysis; and broader business and technological trends.

Extensive stakeholder engagement has been undertaken, including >3000 survey respondents and focus group participants, consultation with pharmacy owners, pharmacists, pharmacy assistants, patients, universities, academics, researchers, banks, business groups and leaders in technology. CP2025 also takes advantage of the Guild's industry leading health economics capability and modelling.

CP2025 is about knowing the challenges (e.g. price disclosure, retail and online competitors, growth in complex and high-cost medicines), being aware of the opportunities (ageing population, innovation, focus on prevention and wellness, digital health) and positioning pharmacy to evolve in response to patient needs and expectation, with an increased focus on health outcomes, integration with health professionals to provide whole-of-patient solutions and intelligent use of technology and data.

***“The Guild’s vision for CP2025 is for community pharmacy to serve the needs and preferences of patients and consumers through a vibrant, dynamic and commercial community pharmacy network”.***



## 2. What is the Framework for Change publication?

The CP2025 Framework for Change provides a summary of the Guild's strategic thinking to be in a position to respond to current and future trends impacting the future of community pharmacy.

This document identifies nine growth pathways, the opportunities each pathway provides, how they are supported by the market research and actions pharmacists can take to turn that pathway into reality.

It is important to note that the nine growth pathways have the role of pharmacists as experts in medication advice, management and safety at its core. Maintaining the community pharmacy network and universal access to medicines is paramount. This includes pharmacist ownership, location rules and medication access and supply including community pharmacists as medication management experts.

### The nine growth pathways are:

#### 1. Health Services

Provide health services in the pharmacy, including medication management, preventative health, screening and chronic disease support.

#### 2. Community Health Hub

Enable other health professionals to provide patient services making community pharmacy a health hub.

#### 3. Digital Enablement

Integrate digital health into community pharmacy practice and embrace digital technologies as a whole-of-business enabler.

## 4. Business Operations

Modify back office operations to make more efficient use of assets, supply chain, administrative processes and people.

## 5. In-home Care

Provide a range of medication and other health services to patients in their homes.

## 6. Collaboration and Partnerships

Collaborate and partner with other health providers, local health networks, medicines companies, researches and government.

## 7. Automation

Introduce automation to reduce manual processes and focus staff on patient care activities.

## 8. Leverage Brand

Align brand with patient offering and leverage with own-brand, banner or Gold Cross products.

## 9. Review Products

Use product range to leverage physical distribution network and enable growth pathways.

The Framework for Change does include a summary of the Orima market research and the Pottinger Strategic Issues Report, but it is by no means a substitute for reading the reports. The summary reports can be accessed at [www.guild.org.au/cp2025](http://www.guild.org.au/cp2025).

## 3. What does CP2025 mean for pharmacy students?

CP2025 is all about you and your future. Whether you are considering intern opportunities, future workforce and pharmacy ownership, the purpose of CP2025 is to ensure that community pharmacy and the important role that you play in the workforce as experts in medication advice, management and safety continues to be relevant, sustainable and viable well into the future.

Community pharmacy in 2025 will look different to what it is today. It will be more focussed on health services and care, pharmacies will be local health hubs, having other health care professionals, such as dietitians, occupational therapists, podiatrists, psychologists working in and with the pharmacy to meet whole of patient needs.

Through CP2025, you are provided with the opportunity to understand your future career and start preparing now. Career opportunities could include: specialising in personalised medicines and pharmacogenomics, preventative health and wellness, compounding and infusion preparation, working collaboratively in an integrated healthcare team in a community “health hub” pharmacy with allied health professionals – dietitians, nurses, physiotherapists, occupational therapists.

The Guild is excited to have a Community Pharmacy Career stream at NAPSA Congress in January 2019. The aim of this stream is to provide you with CP2025 insights from industry professionals as well as sessions on innovation, leadership, career pathways and ownership. Community pharmacy has a bright and exciting future waiting for you. You are the CP2025 workforce and the future leaders and your role in driving CP2025 and the growth pathways is paramount to the success. This is only the start of the CP2025 journey as we move from planning to implementation.

# CP2025 – Future of community pharmacy is bright!

If you have further queries, including accessing the CP2025 Framework for Change document, CP2025 videos, hearing from our champions and other resources, please visit [www.guild.org.au/cp2025](http://www.guild.org.au/cp2025) or email [cp2025@guild.org.au](mailto:cp2025@guild.org.au)

We would like to sincerely thank NAPSA for their ongoing support and valuable contribution to CP2025. We look forward to continuing to build on our positive relationship with NAPSA as we embark on our journey towards 2025 together.



# OPSA Graduation

CSU Orange Pharmacy students graduated on the 13<sup>th</sup> of December 2018.

To Celebrate their achievements, OPSA hosted a graduation dinner following the graduation ceremony for the students and their families at the Greenhouse of Orange.

Here the students were presented with a certificate from the club as well as their own personalized gifts from the cohort.

The students cut a cake as everyone who attended wished them well in their future pharmacy endeavours.

OPSA would like to thank the PSA for their sponsorship of this event, which allowed us to buy the students each an engraved pen as a gift. We also wish the students all the best of luck in their pharmacy careers, and a special thankyou to Justin Carter (outgoing OPSA president) for organizing the event.

Lucy Belmonte

OPSA President



# It's Time for SHPA's Medicines Management Conference

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The National Australian Pharmacy Students' Association (NAPSA) would like to congratulate the Society of Hospital Pharmacists Australia (SHPA) on a successful 44th Medicines Management Conference.

2018 saw many milestones for SHPA as they continue to advocate for the pharmacy profession. This included highlighting the issue of medicines shortages, the launch of the report on 'Reducing Opioid-Related Harm', and their support of pharmacists' ongoing professional development through frameworks such as the Residency and Advancing Practice Programs. NAPSA maintains that funding for such frameworks as well as remuneration for pharmacists who have and continue to advance their practice is necessary in optimising standards of care.

The weekend provided an opportunity to showcase the high calibre of research produced and to recognise the contribution of fellow pharmacists including Dr Danielle Stowasser who was the recipient of the 2017 Fred J Boyd Award, Associate Professor Michael Barras, recipient of the 2017 SHPA Medal of Merit and Dr Karen Whitfield, recipient of the 2017 SHPA Australian Clinical Pharmacy Award.

# It's Time for SHPA's Medicines Management Conference

NAPSA was also proud to see immediate past NAPSA secretary and now alumni member, Evangeline Armstrong Gordon win Best First Time Oral Presenter Award on her case study outlining peri-operative management of Parkinson's Disease. NAPSA continues to encourage students to participate in research that would benefit pharmacy practice and patient care in within both hospital and community environments.

NAPSA would also like to thank Professor Michael Dooley for his support of pharmacy students within SHPA as he steps down from his role as SHPA President. Further congratulations are in order for Peter Fowler as SHPA's incoming president and other incoming board members on their positions.

Lily Pham  
NAPSA Executive Director  
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# Rural Spotlight!

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Cathryn Carlisle, our Rural and Indigenous Chair completed her fourth-year pharmacy placement for UQ at the Cape York Guardian pharmacy in Weipa in Far North Queensland.

“This year I was lucky enough to gain placement in Weipa - a town I’d never heard of but fell quickly in love with.

Weipa is a mining town in the middle of aboriginal remote communities with a population of about 4,000. I flew from a wintry day in Brisbane to tropical Cairns and out again to a western coastal summer all in the same state. Despite being surrounded by water, the crocodiles keep everyone on the boats fishing instead of swimming.

My pharmacy had entertained placements and interns for names such as Sam Turner, a previous NAPSA president and Trent Twomey, Queensland Guild President. This didn’t surprise me as I learnt more about my very humble preceptor, Scott McCahon, who had an extensive history of involvement with the PSA, including being on various project working groups to help publish guidelines for working with Australia’s indigenous people. He also spent some time studying business management at Harvard in his earlier years and was so full of knowledge that he was very eager to share with me during my placement. His involvement with the community there was inspirational, from running a 42km marathon with them to providing the refreshment tent and his unwavering passion for improving the health outcomes for indigenous Australians, Scott never failed to motivate me to be a better pharmacy student.

Scott also made sure that I had the opportunity to visit Queensland Health sites with him at Mapoon, Aurukun and Napranum, with some of these sites being up to a 3-hour drive away from Weipa itself. We drove out early morning and when returning in the afternoon, our scenery was mostly bushfires due to the immense dry heat in that area. During these visits I met some amazing aboriginal health workers and provided education surrounding new type 2 diabetes medications and Heart Foundation guideline updates. The feedback from my preceptor at each site helped me grow as a future medicine’s educator.



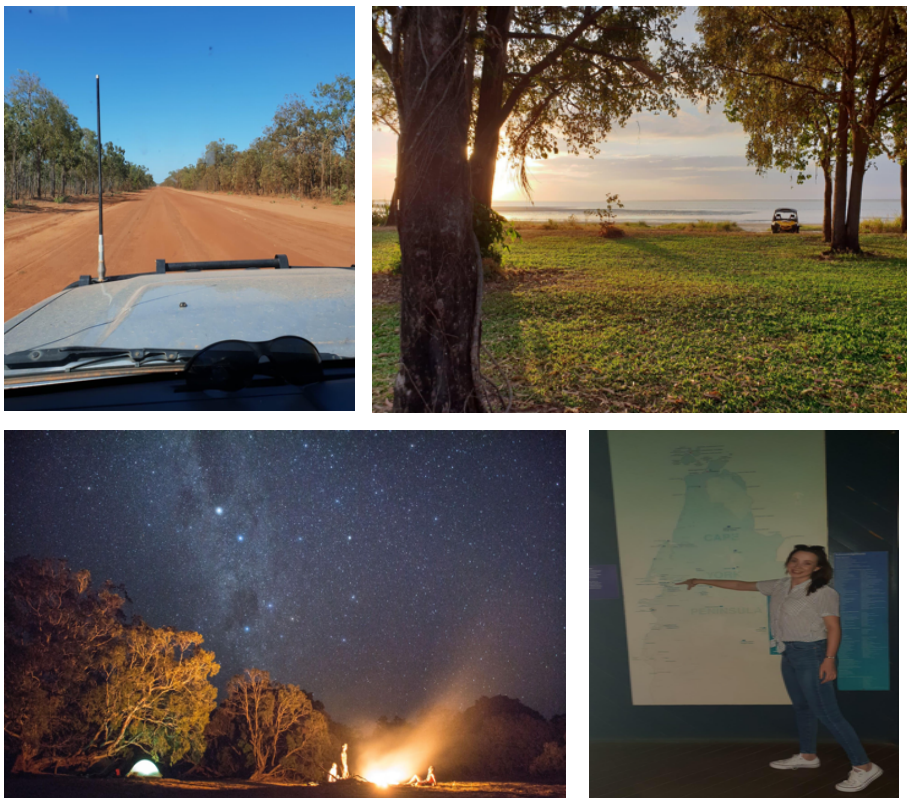
# Rural Spotlight!

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My average day was leaving the student accommodation that I shared with medicine, social work and occupational therapy students to walk five minutes down the road to my placement. I saw many unique cases that I have never experienced at my own workplace in Brisbane and was fortunate to be shown all aspects of the pharmacy during my term there. A quick walk home to take the bikes out in the evenings for long rides before coming home to a shared meal with new friends was the standard night for me, maybe with a quick stop at the beach to watch the sunset over the water. Weekly trivia with all of the hospital health workers was a must as well as day trips on the weekends to check out the local wildlife or the history of the culture in the area.

I've never felt so immediately welcomed in a new place before, I even made the local paper! It was very difficult to leave Weipa, but I'm sure one day I will return. I can't recommend rural placement enough to other students, it was easily the best thing I did for my undergraduate career."

If you are interested in learning more about rural placement, you can email [rural.indigenous@napsa.org.au](mailto:rural.indigenous@napsa.org.au) if you have any questions or would like to chat about rural pharmacy.



# PSA Upcoming Events

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## January 2018

### **New South Wales**

- 20 Provide CPR – North Sydney
- 20 Provide First Aid – North Sydney
- 29 Intern Training 2018/19 Workshop 2 – Ultimo
- 30 Immunisation Practical Workshop – North Sydney
- 30 Immunisation Practical Refresher – North Sydney

### **Queensland**

- 22 Atrial fibrillation and primary stroke prevention – Gold Coast
- 23 Atrial fibrillation and primary stroke prevention – Brisbane
- 29 Intern Training 2018/19 Workshop 2 – Herston

### **South Australia**

- 12 Immunisation Practical Workshop – Adelaide

### **Western Australia**

- 21 CPD Planning Workshop - Subiaco

# PSA Upcoming Events

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## February 2018

### **New South Wales**

- 02 Immunisation Practical Refresher - Penrith
- 02 Immunisation Practical Workshop - Penrith
- 03 Immunisation Practical Workshop – North Sydney
- 03 Immunisation Practical Refresher – North Sydney
- 03 Provide First Aid - Bowral
- 03 Provide CPR - Bowral
- 09 Provide First Aid – North Sydney
- 09 Provide CPR – North Sydney
- 10 Immunisation Practical Workshop – Gunnedah
- 10 Immunisation Practical Refresher – Gunnedah
- 10 Provide First Aid – Newcastle
- 10 Provide CPR – Newcastle
- 15 Baby and Me CPR – North Sydney
- 17 Immunisation Practical Workshop – Bowral
- 17 Immunisation Practical Refresher – Bowral
- 20 Immunisation Practical Workshop – Hurstville
- 20 Immunisation Practical Refresher – Hurstville
- 24 Immunisation Practical Workshop – Newcastle
- 24 Immunisation Practical Refresher – Newcastle
- 24 Provide First Aid – Kogarah
- 24 Provide CPR – Kogarah

### **South Australia**

- 03 Immunisation Practical Workshop – Adelaide
- 12 Immunisation Practical Workshop – Adelaide

### **Australian Capital Territory**

- 05 Medicines in Pregnancy and Breastfeeding - Deakin

# PSA Upcoming Events

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## February 2018

### Queensland

- 05 Atrial fibrillation and primary stroke prevention – Toowoomba
- 09 Provide First Aid – Brisbane (Herston)
- 09 Provide CPR – Brisbane (Herston)
- 14 Immunisation Practical Workshop – Townsville
- 15 Immunisation Practical Workshop – Cairns
- 16 Immunisation Practical Workshop – Brisbane (West End)
- 19 Immunisation Practical Workshop – Brisbane (Herston)
- 19 Atrial fibrillation and primary stroke prevention – Innisfail
- 20 Atrial fibrillation and primary stroke prevention – Cairns
- 23 Provide First Aid – Brisbane (West End)
- 23 Provide CPR – Brisbane (West End)
- 26 Atrial fibrillation and primary stroke prevention – Rockhampton
- 27 Immunisation Practical Workshop – Brisbane (Herston)

### Victoria

- 10 Immunisation Training Program – Melbourne
- 24 Immunisation Training Program – Melbourne
- 25 APSIG: Pharmacists Improving Outcomes in Rheumatology – Parkville

### Western Australia

- 05 Provide Advanced First Aid – Subiaco
- 06 Provide Basic Emergency Life Support (CPR) – Subiaco
- 13 Immunisation Training Program – Subiaco
- 13 Atrial fibrillation and primary stroke prevention – Bunbury
- 19 Atrial fibrillation and primary stroke prevention – Geraldton
- 20 Atrial fibrillation and primary stroke prevention – Perth
- 26 Atrial fibrillation and primary stroke prevention – Albany

### Tasmania

- 17 Immunisation Practical Workshop – Launceston